

#981 A weekly bulletin for residents of Auroville 29 June 2023

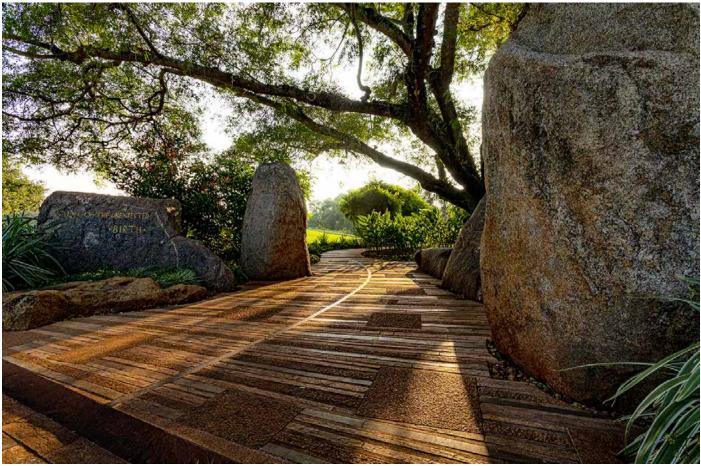


Photo by Piero

An end have these bodies of an embodied soul that is eternal; it is not born nor dies nor is it that having been it will not be again. It is unborn, ancient, everlasting; it is not slain with the slaying of the body. As a man casts from him his worn out garments and takes others that are new, so the embodied being casts off its bodies and joins itself to others that are new. Certain is the death of that which is born and certain is the birth of that which dies.

Gita



All the known circumstances and results of birth presuppose an unknown before, and there is a suggestion of universality, a will of persistence of life, an inconclusiveness in death which seem to point to an unknown hereafter. What were we before birth and what are we after death, are the questions, the answer of the one depending upon that of the other, which the intellect of man has put to itself from the beginning without even now resting in any final solution.

The Philosophy of Rebirth, The Life Divine by Sri Aurobindo

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Hard deadline for submissions TUESDAY 3pm

The content of News & Notes is a reflection of the growth process of this community towards its ideals of Harmony, Goodwill, and Truth.

How to submit material:

- Max size of the published poster is 9cm x 9cm independently of the size you sent. The bigger posters will be reduced.
- Please AVOID CAPS letters
- Material (no pdf files, please) may be sent in English only to <u>newsandnotes@auroville.org.in</u>.
- Articles for the Notes section should ideally be no longer than 500 words.
- Please do not send submissions and inquiries as a "Reply" to the digital subscription mail. There is no guarantee that anyone will see communications sent this way.
- Please try your best to send your announcements, reports, film schedules whenever they are ready. Any modifications of submitted News items must be sent to the editors before Tuesday 3pm.

Disclaimer:

The views expressed on these pages are those of their respective authors or work groups and do not represent the position of the editors or of the community as a whole. The News & Notes serves as a channel for the publication of material coming from trusted sources within Auroville. The editors cannot be held accountable for any alleged misinformation given or offense caused. In case of any dispute, the Auroville Working Committee may be consulted and publishing of disputed material suspended.

Roy & Agnijata, News & Notes, Media Centre, Town Hall, <u>NewsAndNotes@auroville.org.in</u>, 0413 2622133

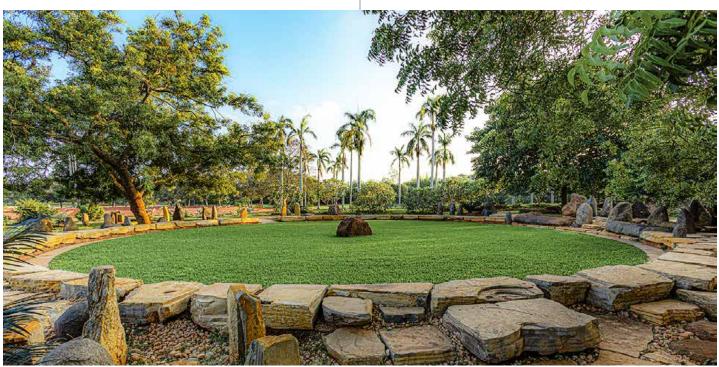
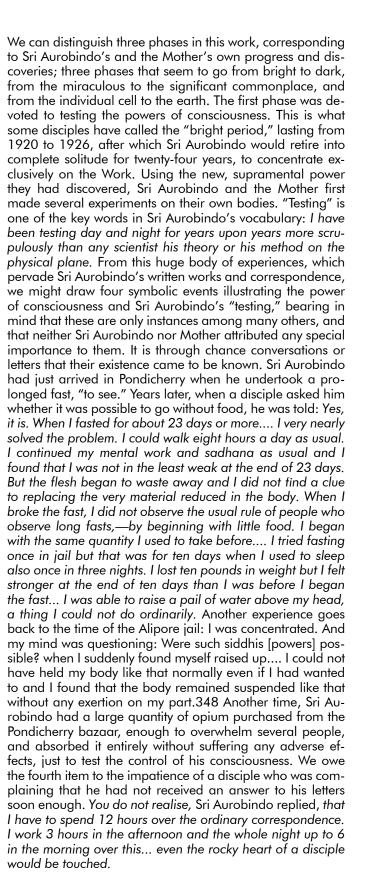


Photo by Piero

House of Mother's Agenda





Sleep, food, gravity, cause and effect—Sri Aurobindo tested one by one all the so-called laws of nature, to find that they hold only insofar as we believe in their hold; if we change our consciousness, the "groove" also changes. All our laws are only "habits":

Her firm and changeless habits aping Law,

says Savitri of Nature. Indeed, there is only one true Law, that of the Spirit, which can modify all the lower habits of Nature: The Spirit made it and the Spirit can exceed it, but we must first open the doors of our prison-house and learn to live less in Nature than in the Spirit. Sri Aurobindo has no miraculous recipes, no magic formulas; his entire yoga rests upon a very simple double certainty: the certainty of the Spirit that is within us and the certainty of the Spirit's earthly manifestation. This is the only key, the real agency for doing his work. In each man there is a God and to make him manifest is the aim of the divine life. That we can all do. When a disciple argued that it was easy for exceptional beings such as Sri Aurobindo and the Mother to defy natural laws, while poor mortals had only their ordinary resources, Sri Aurobindo protested vehemently: My sadhana is not a freak or a monstrosity or a miracle done outside the laws of Nature and the conditions of life and consciousness on earth. If I could do these things or if they could happen in my Yoga, it means that they can be done and that therefore these development and transformations are possible in the terrestrial consciousness... I had no urge towards spirituality in me, I developed spirituality. I was incapable of understanding metaphysics, I developed into a philosopher. I had no eye for painting-I developed it by Yoga. I transformed my nature from what it was to what it was not. I did it by a special manner, not by a miracle, and I did it to show what could be done and how it could be done. I did not do it out of any personal necessity of my own or by a miracle without any process. I say that if it is not so, then my Yoga is useless and my life was a mistake—a mere absurd freak of Nature without meaning or consequence. For Sri Aurobindo, the key is to understand that the Spirit is not the opposite of life but the fulfillment of life, that the inner realization is the key to an outer realization:

Heaven's touch fulfils but cancels not our earth.

(to be continued next week)

Satprem, The Adventure of Consciousness, Chapter 17, The Transformation <u>https://sri-aurobindo.co.in/workings/satprem/</u> <u>adventure_of_consciousness_e.htm#060</u>

With love and gratitude, For and on behalf of Gangalakshmi (HOMA) Zech

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Jownhall Speaks

AUROVILLE FOUNDATION STANDING ORDER Tamil Nadu, the 28 July, 2022 (Replacing Standing Order No 10 AF/1/2015 dated 15-04-2015)

Subject: Creation and closure of units and activities

No. 13/2022.—Whereas by Standing Order No. 10/ AF/1/2015 dated 15.04.2015 a procedure for the establishment of units and activities of Auroville Foundation was established, replacing an earlier procedure.

Whereas the Organisation and Governance Committee of the Governing Board has recommended to revise the procedure for the establishment and closure of units and activities and the appointment of management executives of units and activities.

Whereas the draft procedure for the aforesaid was placed before the Governing Board and the Governing Board accepted the aforesaid draft procedure and recommendations of the Organisation and Governance Committee in its meeting held on 18 January 2022.

Now therefore, the procedures for the establishment and closure of units and activities and for the appointment of management executives of units and activities shall be as outlined below.

- 1. Units and activities directly under the Auroville Foundation will be created and closed through an office order issued by the Secretary, Auroville Foundation.
- 2. Units and activities under the trusts of the Auroville Foundation will be created and closed through:
 - a. A resolution of endorsement by the Board of Trustees of the Trust under which the Unit is created,
 - b. A resolution of endorsement by the FAMC appointed by the Governing Board,
 - c. Office of the Secretary, Auroville Foundation issuing the Office Order for the creation, change in executive management or closure of units and activities.
- **3**. The Governing Board may amend, from time to time, any or all of the provisions of this Standing Order.

The Standing Order issued hereby shall come into force with immediate effect.

Jayanti s. Ravi, Secy. [ADVT.-III/4/Exty./219/2022-23]

GUIDELINES FOR FUNDRAISING Version: 23 May 2023

Auroville Foundation Funds and Assets Management Committee

1. Background and Context

- Auroville has been conceived as a universal township for the manifestation of the Auroville ideals and vision as given by the Mother. Auroville Foundation has been established as an autonomous body under the Ministry of Education, Government of India by an Act of Parliament "for the purpose with a view to making long-term arrangements for the better management and further development of Auroville in accordance with its original charter and for matters connected therewith or incidental thereto".
- 2. The development of Auroville as a township requires significant funding, of which a major part will come from donations, grants and contributions while the recurring expenditure of Auroville will increasingly be met from Auroville's own income-generating activities as part of the vision of Auroville being a self-supporting township
- **3**. These guidelines have been prepared for the purpose of having transparent and effective processes relating to fundraising and the expenditure of funds raised.

2. Alignment with the Auroville vision

- 1. Projects for which fundraising is undertaken should align with the ideals and vision of Auroville.
- 2. Funds for Auroville township development shall be raised and spent only for development in accordance with the Auroville Master Plan as prepared and approved under section 17[e] of the Auroville Foundation Act.
- **3.** Fundraising activities and documentation need to outline clearly how Auroville's development will benefit from the funds proposed to be raised.

3. Sustainability

1. Project proposals must include a road map for the environmental, social and financial sustainability of these projects.

4. Reporting

- 1. Donors and grantors will need to be given regular updates on the impact of their contributions.
- Auroville units, activities and projects that make use of donated funds should have a robust donor relationship program in place to ensure that donors and grantors are regularly informed about project progress.

5. Transparency

- 1. A high degree of trustworthiness and transparency shall be maintained in project operations, including financial management, governance, and impact reporting.
- 2. Donors, grantors and other contributors must be able to see evidence of their contributions making the impact as envisaged in the project proposals.
- **3**. Auroville units, activities and projects should be equipped to provide transparent and reliable accounts of the expenditure incurred with the contributions received.
- 4. Upon completion of a project, a comprehensive completion report of project implementation and impact shall be prepared.

6. Administrative costs

- 1. Administrative costs shall be kept as low as possible while ensuring that project accounting, monitoring and reporting are undertaken correctly.
- 2. In the case of certain grants and donations a maximum percentage of total project cost which is permitted as administration and other overhead costs may be provided for in the donation or grant agreement / letter or may be determined by statutory provisions. Such caps on administrative and overhead costs shall be strictly complied with.

7. Utilization

- 1. When fundraising is done for a specific project or project component, funds received shall be used only for such project or component.
- 2. When unspecified donations are received, utilization thereof shall be in accordance with Auroville budgets and priorities as may be set by the FAMC from time to time.
- **3.** Donations and grants received shall be utilized in full for the Auroville projects for which the donations and grants have been raised and there shall be no retention of any part of the funds received by any of the Auroville entities through which such funds are channeled for administrative, accounting or other purposes.

8. Accounting and Audits

- 1. All Auroville donations and grants shall be received only through the official channels of Auroville Foundation.
- Assets created with donations and grants shall be accounted for as Auroville Foundation assets in the relevant books of account of the concerned unit, activity or project.
- 3. No donations or contributions shall be received by Auroville Foundation or its units, activities and projects for the benefit of an individual. If Auroville residents receive financial support from friends, relatives or others, such contributions must be received by them in their personal bank accounts from where transfers may be made to their Auroville Financial Service account, if so desired by the residents.

- 4. Financial accounting and audits of projects funded with donations and grants shall be undertaken as per guidelines and manuals as issued by the Funds and Assets Management Committee (FAMC) from time to time.
- 5. If a donation or grant agreement provides for a project audit, such audit shall be conducted in addition to regular internal and statutory audits.

9. Income Tax relief

- Auroville Foundation is authorized to issue donation receipts with income tax relief to donors who are taxable in India under sections 80G, 35(i)(ii) and 35(i)(iii) of the Income Tax Act.
- The applicability of each type of income tax relief will depend on the nature of the project for which funds are being raised.

10. Fundraising and expenditure process

- 1. For each project, program or activity for which donations, grants or contributions are sought, the process fundraising and project implementation trajectory will include, but may not be limited to the following steps:
 - a. Check the eligibility of the project proposal in the context of Auroville, its objectives and values;
 - b. Evaluate the project proposal in terms of costs and sustainability;
 - c. Determine under which section of the Income Tax Act, tax relief can be offered to the prospective donor(s) (80G, 35(1)(ii), 35(1)(iii))) for donations from within India and / or whether the project qualifies as a CSR project with reference to Schedule VII of the Companies Act 2013;
 - Approve the fundraising documentation and the prospective donor / contributor target group;
 - e. Raise the funds;
 - f. In the case of foreign contributions, ensure receipt of funds through the dedicated SBI Bank account to be used for this purpose;
 - g. Receive the funds and issue the donation / contribution receipt with tax relief where applicable;
 - h. Allocate / disburse as already determined earlier in the process;
 - i. Undertake the project and monitor progress;
 - j. Send periodic progress reports to the donor / contributor;
 - k. Prepare the completion report;
 - I. Undertake a project audit, where applicable;
 - m.Do a project completion review (actual vs. plan review; lessons learned etc.; feedback from donor/ contributor etc.)

11. Miscellaneous

- 1. FAMC may establish committees, subgroups or service units to implement or monitor implementation of these guidelines or parts thereof.
- 2. These guidelines may be updated or amended by the FAMC from time to time.

Sincerely, Narendra and Sandeep, On behalf of the Donation Channeling Group (DCG)

BUDDING ACCOUNTANTS AND MANAGEMENT PROFESSIONALS

Overview

We are looking for people wanting to learn and grow in the field of accounting and management. After initial training, the people will get to work on interesting challenges relating to structuring accounting and management systems and then go on to operationalise and stabilize them.

Responsibilities

- Understand and document the present inflows and outflows of units and services of Auroville and how they are structured.
- Develop better cost-centers and structures in consultation with FAMC, experts and executives.
- Develop and implement processes for accurate financial records, including journals, ledgers, and financial statements.
- Prepare and submit monthly, quarterly, and annual financial reports to the executives and other stakeholders.
- Calculate GST and facilitate GST returns.
- Identify and resolve financial discrepancies.
- Maintain accounting systems and software.

Qualifications

- Full on-the-job training will be provided.
- A basic understanding of numbers is necessary
- Some accounting and finance qualifications will be preferable.
- Excellent analytical and problem-solving skills.
- Ability to work independently and as part of a team. *Regards, Chandresh for FAMC*

DONATION CHANNELING GROUP

Dear Community Members, we are pleased to announce the formation of the Donation Channeling Group (DCG) consisting of members from Financial Services, FAMC, Talam, and Aware. In association with these four groups, our aim is to establish a comprehensive and transparent Donations Channeling process within Auroville. This initiative is a result of the recent Systems & Processes audit conducted by the Organization and Governance Committee of the Governing Board.

The primary objective of the DCG is to track the entire lifecycle of donations, from the initial need assessment to the utilization of funds across various grant recipients. By implementing this process, we ensure compliance with FCRA regulations, maintain transparency and accountability to donor organizations, and generate annual reports that showcase the support Auroville receives from around the world. Moreover, this framework will facilitate the exploration of new donations and grants channels once the program is fully operational.

We invite you to review the attached document, "Guidelines for Auroville Donations Channeling and Fundraising," which outlines the principles and procedures we will follow. It provides a comprehensive understanding of our objectives, the alignment with Auroville's vision, the importance of sustainability, reporting requirements, transparency measures, administrative considerations, accounting practices, and income tax relief provisions.

To access the document, please follow this link and add your comment.

For any correspondence or inquiries related to the Donation Channeling Group, please contact us at <u>dcg@auro-</u><u>ville.org.in</u>. We are here to assist and address any questions you may have.

We will soon provide instructions on how to utilize the newly established communication channel for donation channeling as per the guidelines. Additionally, we will organize presentations to further explain the processes to the community.

Thank you for your support and cooperation in making Auroville's donation channeling and fundraising endeavors transparent, effective, and aligned with our shared vision.

Sincerely, Narendra and Sandeep On behalf of the Donation Channeling Group (DCG)

FROM THE ENTRY SERVICE-ES # 186 Dated: 29-06-2023

The following people have been recommended by the Entry Board to join our community. Please share your feedback within 2 weeks for potential Newcomers, Associates and Friends of Auroville and within 4 weeks for Potential Aurovilians, Returning Aurovilians, Youth and Spouse/Partner of an Aurovilian in writing to <u>auroville.entryservice@gmail.com</u>. We thank you in advance.

NEWCOMER CONFIRMED:

- David EVANS (British)
- Damien SALENS (French)
- Soumya KANNAN (Indian)
- Kathiravan SELVAM (Indian)

AUROVILIAN ANNOUNCED:

- Eesha THAKER (Indian) staying in Citadines and working at Matrimandir
- Sophie BAPTISTE (French) staying in Swayam and working at SEA & Kripa

AUROVILIAN CONFIRMED:

Ramya AYYANARAPPAN (Indian)

FRIEND OF AUROVILLE ANNOUNCED:

• Anand VENKATASUBRAMANIAN (Indian). Anand has been a donor to Matrimandir and Savitri Bhavan since 1999. He is currently associated with Purnam Center for Integrality and wants to contribute in whatever small way to The Mother's vision of Auroville.



Sophie

Anand

LEFT ON THEIR OWN:

• Sathish KUMARESAN (Indian)

NOTE:

The Newcomer probation year becomes effective only after the NC kit has been returned and should not exceed 18 months from the date of confirmation.

A Newcomer becomes an Aurovilian once his/her name has been confirmed by The Admission Committee (aka the Entry Board) after following due process.

The date of becoming Aurovilian is the date of confirmation. A confirmed Aurovilian becomes officially a Resident of Auroville once the individual has filled in and signed the B-Form and his/ her name has been entered in the Register of Residents (RoR) maintained by the Auroville Foundation Office (AVF).

A Resident of Auroville is eligible to become an executive of a Unit or Service of Auroville and to get an ID card issued by the Auroville Foundation.

A meeting with the Secretary of the AVF will be arranged by the Entry Secretariat according to the availability of the Secretary and not at any personal request.

> Yours, The Entry Board (Alain, Grace, Jayanthi, Lakshmanan, Matilde, Sara, Sonja and Swadha)

Entry Service Timings

- Monday, Wednesday, Friday, 9:30am—12:30pm
- Tuesday & Thursday: Newcomer kits, 2:30—4:30pm 0413 262-2707, <u>auroville.entryservice@gmail.com</u>

HOUSING SERVICE CLOSED

Monday, 5 July—Saturday, 8 July

Housing Service will be closed for our annual team "building" tour. We leave Auroville on Monday, 5 July and come back on Saturday, 8 July.

• Work will start on Monday, 10 July.

Love, Piero for the Housing Service

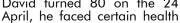
Community News



DAVID AURODAM

It is with real sadness that we inform the community that David Nagel passed away in his Aurodam home.

David, (originally from Brooklyn NY), is a kind of legend in Auroville's colorful history for so many reasons, since his arrival with his brother Larry in 1976. He had the required 'wackiness', passion and the ability to work in diverse fields that was the need and hallmark of the early pioneering years of establishing Auroville. David turned 80 on the 24





issues of which he didn't complain much. He was known for calling his friends regularly to chat and share information and reminisce on past events.

David ran the 'Nourishment' restaurant in Pondicherry (which later was known as La Maison d'Auroville' on rue Lally Tollendal Street), a place to eat, rest and recuperate for Aurovilians completing errands before cycling back up hill to AV. He later ran the Bharat Nivas Kitchen which provided school lunches, in fact entire generations of Auroville's children have been fed on some of David's original menu items which were taken up by the Solar Kitchen many years later, like the Monday mash potatoes, Tue pasta with white sauce, Soy balls Biryani etc, these were David creations. There are many David tales that are part of our Auroville folklore.

David immersed himself in his love for afforestation work, which he carried out for the rest of his life, planting thousands of trees and providing seedlings from his nursery to many foresting people and places. He assisted greening efforts in many places as well as with the PHCC (Palani Hill Conservation Council), Madras Croc Bank and other places. His greening efforts are a visible legacy for the future.

 Please click here to hear him speak about his work: <u>https://youtu.be/51npNzfj2zY&t=8m24s</u>

David's body remained at Farewell, where many friends from Auroville and the villages came to pay a last homage. The cremation of his remains took place at Auroville's Cre-

mation Grounds in the afternoon of Tuesday 27 June. We thank David Nagel and wish him peace on his onward journey. Farewell, dear friend. So many of us will miss you.

ОМ



Aurodam 1981 by Vikas





MALLIKA PASSES



Mallika (Claude Leandre) was born in French Guyana in 1936. She grew up in France, living and working there until a chance viewing of a television program featuring Auroville called her to come and join in the "adventure of consciousness".

In 1973, Mallika made the journey to Pondicherry and Auroville with her two young children.

with her two young children, and taught French at both Auroville and the Ashram School for over a decade. Officially joining Auroville in 1986, Mallika pursued studies in a variety of healing arts. With her everdeepening exploration of the Integral Yoga and her special talent for quietly working on the subtle level, Mallika's treatments benefitted countless Aurovilians over five decades.

Her dedication to Mother and Sri Aurobindo's concepts of integral healing also made Mallika a valuable contributor to the establishment and development of various projects in Auroville's health and healing sector, including Vérité, Quiet and Santé.

Mallika took a keen interest in the development of Matrimandir, supporting and participating in different aspects of work there over the years. She also maintained close connections at the Ashram, and always helped coordinate the Darshan day visits and tokens for Aurovilians.

Mallika's other great love was for her children, Pascal, Abhipsa, and Subhadre, and their families. She delighted in being able to be actively engaged with her Auroville grandchildren, Samarpan, Sushant and Saindhavi, and also devoted herself to keeping a strong energetic bond with her family outside of Auroville.

Mallika's small physical stature belied a huge spirit, full of youthful zest, humor, intelligence and care for the world and its future. Bon voyage to a remarkable woman whose presence will be greatly missed.

Link to Mallika's Article <u>"My life in Auroville at the Service of Truth"</u> April 2023. The Farewell Team

HOMAGE TO MALLIKA

Both of us first reached the Sri Aurobindo Ashram in 1973. I remember Mallika from those early years, pretty and joyful, with that unmistakable flame in the eyes. Golden years at the Sri Aurobindo Ashram, a bygone age... All had that flame in the eyes, that certainty. That openness and surrender to grace. That victory.

In Auroville, for years and decades Mallika supplied the darshan tokens—I booked the darshan bus and put up a celebratory exhibition in Pitanga. At such dates I always knew where to find her, a reassuring presence. We shared the Dream that never dies, the faith, the call.

Mallika had given a generous donation for my last book; Mirrajyothi had paid for my staying in an Ashram guesthouse when I took there the first official Auroville exhibition, after the events that culminated in passing the Auroville Foundation Act: genesis of Mother's town and Matrimandir, on request of the GB Chairman Kireet Joshi, was the theme. Reabsorbed into the Mother, one after the other, now the two friends rest where the Dream forever lives, intact.

Sadhaks like Mirajyothi and Mallika, with an Ashram apprenticeship years-long, made a big difference in Auroville, showing the way to integrate the essence of both places. Aurovilians as sadhaks: in our long-run trajectory this indispensable feat changes the game forever.

Mallika went also further in a peculiar direction, building a fire-burnt house, quite symbolic.

Some years ago, returning from abroad considerably thinner, Mallika told me having a health problem. She went through with great dignity, never mentioning it again; I saw her recently, brave and concentrated as usual, her death came as a sad surprise. The body alone perishes, the soul is immortal. On darshan times Mallika will always be with us distributing tokens in Pitanga—a calm, reassuring presence. The Dream IS.

Paulette

REMEMBERING DAVID

David and I are the same age and close pals for half a century or so. When David was bitten by a Russell's viper he sent me a message saying I could keep the raincoat he left at my place in case he died. His droll sense of humor remained intact.

In the mid-1980s David was a vital part of the team which got our Irula Women's Society started on planting trees on village land near the Croc Bank. He taught us all how to raise huge nurseries of lakhs of trees and then how to plant and care for them. The Women's Society is still going strong at Thandarai, near Chengalpattu. He was a strong player in the Palni Hills Conservation Council's tree planting programs, that was a magical time!

Whenever Janaki and I visit Auroville we stop at and sometimes stay with David, have a toke and shoot the shit about our past lives. The story of his USA days and how he and Larry made a million selling waterbeds lives in my memory. Now that I live further away, near Mysore, David and I have a phone chat at least once a week, usually about how much rain we've been getting and the trees we've been planting and how they are doing. I wouldn't be such a tree-planting nutcase if it hadn't been for David. We'll really miss him!

> Rom Romulus Whitaker

THANK YOU DAVID



Thank you David for the love you showed to our Mother Earth. I remember visiting Auroville in 1975—it was so full of energy and hope—but the land dry, dry, dry—great expanses of overworked and naked soil, with only the tall noble lonely palmy-

ra trees in rows with protective Govt numbers in their trunks between the sandy fields. And I was amazed, really, returning in the 1990s to bear witness to AV's transformation:—all the greenery, the rich afforestation accomplished with such love by David and so many others there over those 20 years—bushes and leafy trees almost burying the old palmyras you could still find hidden in there now with their carved out number sconces still intact from their own beginnings from yet more decades and decades before. Trees bear witness, and nurture us, we need to show them great respect and love.

> Mark, current President of PHCC (Palni Hill Conservation Council)

DAVID:

Auroville can trigger in depth transformations

Aurodam's David was a typical product of the American sixties. After turbulent years at the Pondy restaurant, he grew into the benevolent old fellow with red Crocs (my favorite) we all miss. I discovered the real David, his wisdom and foresights, when he gave me a full account about two tragic Auroville deaths and a certain occult personage. We kept joking about his Crocs, but I had seen the giant.

A radiant example that, believe it or not, Auroville can trigger in depth transformations. This is how the Mother founded Auroville, the people she called to make the desert flourish: not inveterate saints, but an average humanity representing the complete gamut of impossibilities, tools to work out as clay to build "the new man" Roger foresaw would build Her city.

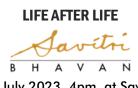
Quite a few 'Davids' sprung out of Auroville's early caldron. That's why we can only laugh, with the Masters.

Paulette

ি পি 981 - 29 June 2023



LIFE AFTER LIFE



Monday, 3 July 2023, 4pm, at Savitri Bhavan Duration: 59min.

The film by Peter Shockey is based on the research by Dr. Raymond Á. Moody involving more than 2000 people who experienced clinical death, and 'went to the other side' and were subsequently revived.

Six people talk about their personal out-of-body experiences, their journey to the other side, and their return. The causes of their near-death experiences (NDE) are lightning, suicide, complications after surgery, double lobar pneumonia, multiple bee stings, and assassination. They de-scribe their experiences as out of body. They talk of angels and ecstasy, soul travel, a tunnel leading to the light, life preview, and return.

On the other side, in light and unconditional love, they often meet their relatives or friends. And often they are presented with a panoramic view of everything they have done in their lives, from their birth until the moment they call death.

All have a new value system when they come back to "this side". It is based on loving others and seeking love-based relationships. They know the importance of love through experiences of special unconditional love and wisdom at the other side.

One let us know: Life is forever. Death does not exist. Know there will be a safe journey, surrounded by love, greater love than you understand. It is the orderly way as God has prepared for each of us... the orderly passing to another life.

And another uttered the words: Love cannot be changed. Love is everlasting. And love is with life always together. Love is what keeps this world alive. Love is an eternity. And we are alive because of Love.

Submitted by Margrit

DREAM DIVINE SERIES



Directed especially at newcomers, Savitri Bhavan has launched a project called 'The Dream Divine Series'. The goal of the project is to make newcomers understand the Aims and Ideals of Auroville, learn about the Life and Works of Sri Aurobindo and The Mother, and the Integral Yoga. There will be a weekly session every Wednesday 4.30-5.30pm. The series will include presentations, films, talks, etc., followed by questions and answers.

Towards a Sustainable Future

Auroville Documentary (2004)

Wednesday, 5 July, 4:30—5:30pm @ Sangam Hall of Savitri Bhavan



Auroville and the Ideal of Human Unity

An audio-visual presentation produced by the Gnostic Centre in New Delhi, 2008

Wednesday, 12 July, 4:30—5:30pm @ Sangam Hall of Savitri Bhavan



Everyone is welcome Dhanalakshmi, for Savitri Bhavan team

SAVITRI BHAVAN, JULY 2023



Exhibitions

- Meditations on Savitri: The series of 472 paintings created by the Mother with Huta from 1961-67 is now on display in the picture gallery
- Glimpses of the Mother: Photographs and texts In the Square Hall
- A new Bilingual Exhibition on 'Sri Aurobindo: A life sketch in photographs' with texts both in English and Tamil is displayed in the upper corridor

Films

- Mondays at 4pm in the Sangam Hall
 - July 3. Life After Life: A film based on the research work and book "Life After Life" by Dr Raymond A. Moody. Six people sharing about their personal neardeath experiences. Duration: 59min.
 - July 10. Alexandra David Nèel 1911—1924 Journey through India, China and Tibet: This remarkable woman, born in 1868, was a close friend of the Mother in Paris, and visited Sri Aurobindo in 1912. The film is in French with English subtitles. Duration: 104min.
 - July 17. Evolution Fast Forward, Part 1-Vision and Work of Sri Aurobindo and The Mother: A film by Sopanam, Auroville to bring to young people through 3D motion graphics the Vision & Work of Sri Aurobindo and The Mother. And there will be a short video of Sri Aurobindo's Symbol. Duration: 26min.
 - July 24. Sri Aurobindo's Integral Yoga—Evolution Fast-forward, Part 2. Psychology, Cosmology, Trans-formational Practice: Film by Sopanam, Auroville in 3D motion graphics (2015). Duration: 50min.
 - July 31. Evolution Fast-Forward, Part 3—Parts of the Being & Planes of Consciousness as mapped by Sri Aurobindo and The Mother (2017). Duration: 75min.

Full Moon Gathering

Monday, 3 July, 7:15—8:15pm, in front of Sri Aurobindo's statue

Dream Divine Series

Directed especially at newcomers, Savitri Bhavan has launched a project called 'The Dream Divine Series'.

The goal of the project is to make newcomers understand the Aims and Ideals of Auroville, learn about the Life and Works of Sri Aurobindo and The Mother, and the Integral Yoga.

There will be a weekly session every Wednesday 4:30-5:30pm.

The series will include presentations, films, talks, etc., followed by questions and answers.

Regular Activities

- Sundays 10:30—12noon: Savitri Study Circle
- Tuesdays, Fridays, Saturdays 4-5pm: L'Agenda de Mère: listening to recordings with Gangalakshmi
- Tuesdays 4:30pm: Mudra-chi led by Anandi
- Thursdays 4—5pm: Videos of The English of Savitri led by Shraddhavan
- Saturdays 4:30-6pm: Satsang, led by Ashesh Joshi
- Exhibitions, Main Building and Office are open Monday • to Saturday 9am—5pm
- Library and Digital Library is open Monday to Friday 9am—5pm

Everyone is welcome Submitted by Dhanalakshmi, for Savitri Bhavan Team

To The Content

Bioregion

DAILY PEACE MEDITATION

- Unity Pavilion, Peace Hall
- Monday, Tuesday, Wednesday, Friday, 6 to 6:45pm
- Thursday, 5 to 5:45pm

Submitted by Arun



AMPHITHEATRE-MATRIMANDIR

Every Thursday at sunset, 6 to 6:30pm weather permitting

Meditation with Savitri read by Mother to Sunil's music

Enjoy the beautiful open space, an immense sunset, heavenly music in the very center of Auroville!

Reminder to all

- The Park of Unity is a place for silence, meditation and inner work and is to be used only as such.
- We request everyone: please do not use cameras, lpads, cell phones, etc. No Photos.
- Dear Guests, please carry your Guest Card with you. Access only for the Amphitheatre from 5.45 pm and until meditation ends.

Surya & Velmurugan



The Mother Sri Aurobindo Centre Calendar of Regular Events

BRAHMANASPATI KSHETRAM

for July 2023

20 my dear little child

- Every Thursday, 6-6:30pm: Meditation
- Every Wednesday, 5:30—6:30pm: reading "The Mother's Questions & Answers, Vol-7" in English
- 3 July, Monday, at 6:30pm: full moon, reciting Sri Aurobindo's Gayatri Mantra for 30min

Many thanks, Tixon

No.3/134, Kalathu Mettu Street, Edayanchavadi, Auroville Kshetram2014@auroville.org.in



For Your Information

UPDATE YOUR KYC

Dear Friends, you may receive sms/ mail from BSNL to update KYC(know your Customer) for your mobile phone connection. If you have received it, you do not need to go to the BSNL head office to update. We request that you



please come to our office with your original Aadhaar card, mobile phone. We'll update your details in the BSNL link.

• Please call us for an appointment 2622298, 2622364 to help in time.

Regards, Gunasekaran. C for Telephone Service

ANGAM TREE Holistic Wellness Initiatives



Angam Tree Varmam Wellness Research and Education Centre is focused on holistic wellness. Taking the Auroville name of Angam Tree Wellness Hut. Our work in therapy and healing is focused on educating people to the importance of healthy living and conscious lifestyle. To together achieve a better and sustainable future in wellness for each individual and their communities.

Our community outreach and social responsibility work is fostering the following three initiatives:

Massage Therapist Program

Massage Therapist Program is a scholarship based platform for bio-region villages. Student Massage Therapists to learn more about the science and craft of therapy via research and becoming a more evidence-based practitioner. This is an opportunity to not only



create a positive change in our learning and growth as contributing individuals within our communities, but also for other us to create better outcomes in our practice and generational continuity of our knowledge and skills.

Siddha Learning Centre

Siddha Learning Centre is focused on holistic wellness and yoga of adepts. A centre for holistic healing, yoga and meditation. Along with offering therapies and classes for meditation using the energies of Divinity, the centre also offers special retreats throughout the year. Their spiritually charged



year. Their spiritually charged room for therapy and meditation is used by a number of people looking for an alternate method for healing and attaining peace. Hatha Yoga is also taught here along with the varied meditation techniques. Based in the lineage of Siddha Varma, using verb, verse and action. As siddha yoga practitioners, believe that the science and practice of yoga are more than just systems of creating optimal health in the physical body and but means to achieve absolute knowledge, indestructible body, mind and spirit. To ensure continuity of our Tree of traditional and ancient healing systems.

Nattayakalari Arts Academy

Nattayakalari Arts Academy seeks to guide every student to attain a level of belief, self -respect, and discipline. Our goal is to provide a learning space for all students to feel joy, driven, accepted, and valued. Our centre trains to ensure a dancer can continue into a ca-



reer in the dancing profession, while also being focused on to the recreational dancer that is dancing for the sheer joy it brings. We nurture every student individually and make sure their wellness is of primary consideration physically and mentally. We want our studio to grow, flourish, and provide every single person that walks through our doors, a little glimpse of what this amazing art form can provide for one's life. This program introduces all dancers to the joy of movement, using traditional native martial arts philosophy. They will learn basic technical positions, stretches, music and develop a love of dance.



- You can learn more about us and our initiatives at https://angamtree.com/donate/
- Kindly contact us at <u>angamtree@auroville.org.in</u> before making your donation.

For Angam Tree, Raja, +91 97513 95939

REINTRODUCING LIFE EDUCATION CENTRE (LEC)



Open House: July 12, July 26, August 9 and August 23, from 10am to 12noon.

This is a brief introduction to and an update on Life Education Centre (LEC). LEC is an outreach center in Auroville that has been serving young women from marginalized communities in the bioregion for the last three decades. Aurovilians who are associated with us for a long time in supporting the cause are familiar with and have appreciated the work of LEC. Some have been enthusiastic supporters for the last 32 years.

LEC has provided a safe haven for adolescent girls who were abruptly forced to leave school after reaching puberty and remained confined within their homes. Over the years, LEC has adapted its programs to cater to the evolving needs of women in the bioregion, ensuring they receive the support they require. As school dropouts decreased, the center has witnessed an increased demand from women in their early twenties to late thirties who are eager to learn and acquire new skills.

In 2015, LEC embarked on a new direction to serve these women. Today, the center follows a unique model that combines education with livelihood opportunities. Core programs at LEC focus on learning activities that enhance physical, mental, sensorial, and spiritual capacities, along with training in tailoring, embroidery, and crochet. Additionally, we offer various learning programs such as Kalaripayattu (Indian martial arts) training, yoga, group discussions, Feldenkrais bodywork, sketching, physical education training, and art therapy. Furthermore, LEC's social enterprise, Sakhi, provides women with opportunities to earn income.

Our goal at Life Education Centre is to thrive as a place where learning and work coexist in the spirit of individual and collective offerings, grounded in the exploration of oneself and the community.

LEC relies on donations as the primary source of funding to offer classes and programs to the women. We greatly appreciate the support and generosity of individuals and organizations that enable us to continue our mission of holistic empowerment of women through education and skills training. By contributing to LEC, you are directly making a difference in the lives of these women and helping us sustain our efforts.

• We warmly invite you to visit us during our upcoming **open house days**: July 12, July 26, August 9 and August 23, from 10am to 12noon.

Devi Namasivayam and Soumya Kannan for the LEC team



Think Local

Our facilitation services teaching program in Auroville for Auroville. Curated and designed by local entrepreneurs for budding young first time entrepreneurs . People who have learned by doing and overcoming hurdles and bottlenecks. It is a program of experiential learning by people who have solved day to day issue and problems. Learnings shared in the program are real time decision making and thinking on your feet in face of adversity and resource deficiency The self-paced four levels learning program is a perfect step by step guide towards building your business successfully.

- Stage 1. Getting to Go 2 Market: Ideation to Implementation—Learning Phase (Market & Solution) Concept to Launch Step By Step Guidance
- Stage 2. Crossing the Bridge, Building a Company, Growing Core Competency (Product & Sales), Execution and Distribution.
- Stage 3. Sustaining and Scaling, Expanding Core Competencies and Developing Secondary Competency.
- **Stage 4**. Long Term Thinking, Fighting Slow Down and Ensuring Growth.

Our Approach: From Within—Intrapreneurship

- Motivating people to recognize their capabilities and growing their self-belief in themselves.
- Experiential growth with a focus on leadership, development and awareness.



 You can learn more about us at <u>https://enlight.org.in/think-local/</u>

Thread Together

It is a social initiative **by women for women**. A nation gets developed via women empowerment is possible only through associating them to self-employment, but it is not an easy task for urban, village and tribal women. They have to depend on others for their



dreams and it keeps them limited. The goal of Weaves is to provide a platform for women to weave their own path to self-emancipation through skilling and working their skills to economic and financial stability.

The main hurdle faced by Women entrepreneurs is financial inclusion. Lack of access to funds, banking services or digital tools. Which can help grow an informal cash-based business into one with a larger financial footprint.

Impact Model



"According to the World Economic Forum. If women were able to participate in entrepreneurship at the same rate as men, global gross domestic product would rise by an additional 3% to 6%, equivalent to \$2.5 trillion to \$5 trillion in value, according to one estimate.

Up to \$5 trillion

- Amount that the global gross domestic product could rise if women were able to participate in entrepreneur-ship at the same rate as men."
- Weaves is focused on connecting women entrepreneurs with access to markets and mentorship, as well as networking and other forms of financial access and expertise.

You can connect with your Mentor at <u>enlight@auroville.</u> org.in

Social responsibility outreach initiatives

To provide meaningful and mutually beneficial opportunities to share knowledge, exchange ideas, consider practice, discuss challenges, generate learning and build connections.

Uravu

URAVU has for its endeavor building relationships with local communities. To facilitate understanding of the bio region villages their heritage and culture. By framing the experiences in a language allowing visitors and guests to understand local customs and tradi-



tions. Design and deliver a peer and collaborative continuous learning relationships as part of human interactions for Inclusive Growth. Bringing social and economic benefit in an inclusive, sustainable and people-centred way. Focused on people-centred and locally-led approaches driven by inclusivity of individuals and communities. Activities and learning being co-created, developed and delivered by, with and for the people, communities, practitioners, organizations and decision-makers. Facilitators being the **Youth** of the local villages through experience sharing and activities

Kala

KALA is a service that has for its objective to aid and assist the underprivileged but hard-working bioregion village artisans and craftsmen in a growing technology run and industrialized world to key their arts and crafts to continue in continuity. Kala is a bridge of contact for all contributors to contribute to their upliftment



and respectful livelihood. Ensuring continuity of their valuable and rich knowledge and experience as a blessing and boon from them as a community activity for the village's growth and development.

- Mentoring local village folk to build and grow their concepts and ideas, live their goals and dreams.
- Handholding to implement tools, technologies, procurement and marketing activities.
- Eco-system to interact with peers to share expertise and experiences together grow opportunities.

Annam

ANNAM initiative offers livelihood opportunities to bio region rural women affected by social and family constraints and in need of resources to care for family members. These Akka and Amma entrepreneurs are given guidance in food safety, nutrition and business techniques, among



other facets of selling these meals. Using a network of village volunteers to drive the community outreach program concentrated on identifying women who need financial assistance, while maintaining a work-life balance. The food cart will allow the women to earn an income from their cooking skills. They can provide food and savouries during festivals and events in the local community and villages.

llamai

ILAMAI meaning Youth is formed by young people, community members and contributors who wanted to create innovative programmes to engage young people. Motivating them to have new experiences, gain experiences and skills, become a giving contrib-



utor in their communities and make a positive difference to their lives and the lives of others around then. Young people from different backgrounds, ages and cultures. Joining and working together to bring about understanding, cohesion in their local communities and the wider society. Use environmental improvements as a means of achieving social and economic change. Developing young people to carry out social action projects in their community.

Tamizh

TAMIZH at its simplest, is sentience and awareness of internal and external existence. 'Tamil' means 'sweetness' and 'Culture' has been defined as 'sweetness and light'. 'Tamil' and 'Culture', therefore, make a most graceful combination both in Language and Life. Culture has been defined as a 'way of life', as 'sweetness and light', as 'activity of thought and receptiveness to



beauty and humane feeling'. Imbibing Tamil tradition and cultural to the youngsters, to sensitise young minds on the rich legacy left back by their ancestors.

For the future generations to take pride in its land its rich language and culture. Be proud of displaying our cultural richness to people of other states. Share with our fellow members that Tamils were a pioneer in all the form of sciences, be it medicine, astrology or food habits. Our past generations knew that Music has a very deep connection with sound health they used 108 musical instruments to facilitate good health and well-being using sound as an medium.

- Creating awareness at community and school level programmes.
- Designing and conducting cultural programmes at community as well school level.
- Establishing cultural societies in school level for educational development.
- Organize competitions and conscious circles of learning.

Your support and donation will aid in developing the local communities which is the main goal of responsible tourism. You can learn more about us at <u>www.enlight.org.in/donate</u>

 Kindly contact us at the following email ID: <u>enlight@</u> <u>auroville.org.in</u> before making your contributions

For Enlight Team, Arun, Anand, Balaji.



BEGINNER'S ENGLISH INTENSIVE CLASS

10-21 July, 5-6:30pm

We are thrilled to announce that YouthLink will be hosting a Beginner's English Class happening at the Youth Center!

The Beginner's English class is a great starting point for individuals who are new to the language or have minimal

experience with it. In these classes we will focus on developing essential language skills and create a supportive/ encouraging environment, where learners can comfortably practice their English skills by slowly building their confidence.

- The program is a 10 days intensive class taking place from 10 to 21 July, facilitated by Tom.
- This class starts at 5pm until 6:30pm.
- No class on Weekends :) •

To register email us at <u>youthlink@auroville.org.in</u> or come to our office in Town hall: 9:30am—12pm and 2—4pm to sign up.

Warmly, Nivetha for Youthlink team

AUROVILLE LIBRARY

Timings, starting 3 July

- Mornings:
 - Monday—Saturday, 9am—12:30pm



- Afternoons:
 - Monday, Wednesday, Thursday, Friday & Saturday 2-4:30pm
 - Tuesday 4-6:30pm

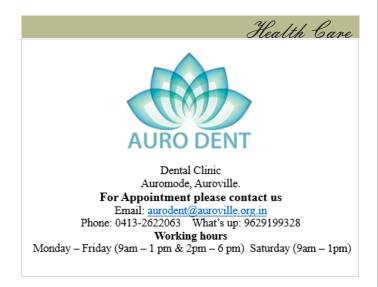
Story time

- At the Auroville Library!
- Every Saturday, 10—11am.

All ages are welcome!

Phone: 0413 2622894 Email: avlib@auroville.org.in Web: library.auroville.org.in/

Kathrin, for Auroville Library Team



AUROKIYA-FOCUS II Eye Exercise & Vision Therapy

3—9 July, 7—8am @ Unity Pavilion

Aurokiya Integral Eye Centre will conduct our second eye exercise workshop FOCUS II from 3 July to 9 July @ Unity Pavilion at 7—8am.

This sessions will guide you through a series of eye exercises and vision therapy to enhance your vision.



- Click the Link https://forms.gle/8heaS2PifpoYEXbs9 or
- aurokiya@auroville.org.in
- 8012305151 WA •

Warmest Regards, Aurosugan

SANTÉ SERVICES

Working Hours

Monday—Saturday, 9—12:30pm

Tests and Sample collection

- Monday—Friday before 12pm.
- No sample collection on Saturday.

For emergencies

- Auroville Ambulance 24/7: +91 9442224680 •
- Government Ambulance 24/7: 108

Appointment

• Please call Santé on 0413 2622803 during working hours for an appointment

Santé Services Schedule

Doctor consults with Dr.	Nursing Care, Ezhil, Thilagam,
Senthil & Dr.Sana, Monday to	Archana & Sandhya, Daily, No
Saturday	appointment necessary
Ayurveda with Dr. Sonia,	Physiotherapy with Osnat—
TOS	Tuesday & Thursday
Acupuncture with Andres— Monday To Friday	Homeopathy with Michael— Monday/ Wednesday/ Saturday
Integrative Psychotherapy	Pregnancy Care & Women's
with Juan Andres, Monday To	Wellness with Paula, As Per
Friday	Availability
Physiotherapy & Massage with Galina, Monday/ Tuesday/ Thursday/ Friday	Physiotherapy with Rebeca, TOS
Bio-Well Assessment (Evalu- ation of your well-being) with Helen, TOS	Functional Medecine with Lize, As Per Availability

- In Santé, we value our patient's confidentiality & make every effort to ensure their privacy.
- In case of cancellation or to reschedule, it is necessary to inform us in advance.

Submitted by Dasha for Sante Services







PUPPY BATHING DAY: SUNDAY, 2 JULY

Sunday, 2 July, 10am



Sunshine and hot weather ahead: The perfect opportunity to get wet and cool down!

The Auroville Dog Shelter invites dog lovers of all ages to join us at our shelter next Sunday, 2 July at 10am for a fun-

filled morning with our adorable puppies! Together, we will give them baths, groom them, spoil them with treats, and, of course, play a lot.

An unforgettable morning not only for our dogs but also for the whole family. Arthur will be delighted to provide a guided tour of our shelter and inform you about the amazing work our team is doing. He will also give you a sneak peek into the super exciting projects we have in the pipeline!

> See you next Sunday at the dog shelter! Thanks, Auroville Dog Shelter, Arthur

AUROVILLE DOG SHELTER

Monthly Transparency Report: June 2023

As part of our commitment to transparency, we are happy to present our monthly report for June.

Overview

- New admissions: 17
- Dogs dumped at the shelter: 6
- Paralyzed dogs rescued: 0
- Rabies suspect cases rescued: 0
- Canine Distemper dogs rescued: 8
- Rescue dogs deceased: 10 (8 Canine distemper, 1 severe animal abuse, 1 other reason)
- Shelter dogs deceased: 7 (1 snake bite, 3 old age—kidney and liver failure, 3 suspected rat poison)
- Successful adoptions: 9 (total 35 since April)
- Dogs rehabilitated and released post-treatment: 2
- Vaccinations administered: 50+ (Rs. 260 per vaccination)
- ABC shelter dog sterilizations: 9 (Rs. 2.300 female, Rs. 1.700 male)
- Deworming: 287 adults, 18 puppies

Monetary Donations

This month, our fundraising efforts have gained significant momentum, resulting in a record number of monetary donations totaling Rs. 8,02,415 for our shelter. Alongside the monthly funds from BCC of Rs. 50,000, our total donations exceed Rs. 8,5 lakh. We thank our dear friends from AVI USA and Jo Cuypers for their great support in fundraising for our shelter. This substantial funding has enabled us to purchase a wide range of equipment, medicines, vaccinations, food, and supplies for our beloved shelter residents.

We are happy to announce that our Milaap Fundraiser (Bravecto) has been a resounding success, achieving 82% of our Rs. 1,1 lakh goal with Rs. 90,000 raised from 42 donors. This remarkable outcome, coupled with the generous donation from FAWP.NL, not only allows us to procure the much-needed medicine in bulk (Rs. 1,1 lakh for shelter dogs and Rs. 20,000 for rescue dogs), but also provides sufficient funds for Simparica medicine (Rs. 50,000), deworming treatments, comprehensive dog vaccinations, and ABC sterilizations. The Bravecto order of Rs. 1,3 lakh was placed on June 27 through the AV Unity Fund.

Donations in kind

An Amazon purchase with a value of Rs 1.8 lakh was paid by a wonderful donor with the help of our friends from AVI USA.

We have also received another amazing gift for our dogs: 14 wheelchairs for our paralyzed dogs, with a total value of Rs. 64,496. Soon, our paraplegic dogs will be trained to use their wheelchairs and will be free to race around!

Daaman Shelter in Mahabalipuram generously contributed by donating a carload of food and snacks for our shelter, among them 100 kg of Pedigree food, 14 kg of chicken snacks, 20 kg of jumbo sticks, 20 kg of bacon treats, 28 kg of puppy snacks, and many more!

We are immensely grateful for the support and love shown by numerous dog lovers who have showered our 300 residents with an abundance of gifts, treats, food, donations, and affection!

We have initiated weekly (Thursday) donation pickup drives in the Auroville area, and we have been receiving a tremendous amount of donated goods, food, firewood, and cloth from various Auroville units, services, and individuals who share our love for dogs. The outpouring of love and support we have received and continue to receive has left us truly overwhelmed. Thank you all so much for your generosity and kindness!

Animal Care

This month we were able to further increase the amount and nutritional value of food for our dogs, which cost us Rs. 75,000:

- 1,600 kg of rice (1.6 tons!! Same as last month) Rs. 16,700
- 1,500 kg of chicken (+ 1.000 kg tripled!)—Rs. 40,000
- 150 kg of beef (+ 90 kg)—Rs. 18,000
- 85 kg of pedigree—donated
- 20 kg of daal—donated
- 660 eggs—Rs 3.300
- 4,0 kg of turmeric powder—donated
- supplemented with donated soybeans, butter, cheese, and vegetables

Expenditures

Although we are grateful for the generous donations we have received, it is important to note that we also had significant expenditures in June. Our expenses include, among other things, a food bill of Rs. 75,000, Rs. 50,000 for standard medicines, supplements, and syrups, Rs. 1.3 lakh for various purchases (running costs, petrol, tools, dog tags, repairs, etc.), Rs. 18,700 for sterilizations, and vaccination costs of Rs. 18,000. While our team is not paying itself any wages, our local workers, veterinarian, and hired helpers received salary payments of Rs. 1 lakh.

Additionally, the overall state of the shelter infrastructure is in poor condition, as necessary upgrades have been neglected in the past. The substandard, low-quality building foundations are crumbling, roofs are leaking, gate enclosures are breaking down, even our washing machine stopped working, and the electrical system is on the verge of collapse. Therefore, a substantial investment is required to improve and upgrade the infrastructure. We have initiated the construction of a drainage system to ensure compliance with the regulations set by the Animal Welfare Board of India. This undertaking serves not only to meet the necessary requirements but also to enhance the overall hygiene standards of our facility. In order to prevent rodents from eating our food supplies, we urgently need to construct a secure food storage room.

Community Outreach

Our Sunday events, which feature different activities each week, continue to be a resounding success. We are thrilled to see a consistent turnout of Aurovilians, guests, friends, visitors, and dog lovers who enthusiastically join us for our Sunday morning gatherings. In particular, Lore's Dog Physiotherapy Workshop was a tremendous hit. We are grateful for the overwhelming support and participation we have received.

Canine Distemper Outbreak

We would like to address the recent challenging situation we have faced regarding the massive canine distemper (CD) outbreak in Auroville and the surrounding bioregion. This outbreak has had a devastating impact on the local street and beach dog populations, resulting in a significant loss of life. CD is a highly infectious disease that spreads rapidly, similar to the flu, and unfortunately, the survival chances for rescued, infected dogs are extremely low, particularly when the virus has already crossed the body/brain barrier and severe symptoms are present.

When our team assumed responsibility for the shelter, we encountered a complete lack of mandatory quarantine facilities specifically designed for highly infectious diseases. To address this issue, we promptly set up makeshift enclosures outside the main area of the shelter to serve as temporary quarantine facilities. This month, our team made every effort to rescue as many dogs infected with CD as possible from the streets, aiming to prevent further transmission and combat the outbreak. However, due to the limited capacity of our quarantine enclosures and every animal care institution in the area being completely overcrowded as well, we reluctantly had to temporarily suspend rabies and CD rescues.

We understand the gravity of this situation and want to assure the community that we are actively seeking solutions to expand our capacity to handle infectious disease cases effectively. Recently, we were able to order a bigger quantity of enclosures and cages to expand the capacity of our quarantine units in the hope of restarting our rabies/CD 24-hour emergency rescue service very soon.

Ongoing fundraising projects

We have started to fundraise for Phase I of our ambitious 1,000-dog ABC sterilization program covering Auroville and the entire bioregion, in which we plan to sterilize 200 dogs in the next few weeks pending AWBI approval as an organization specifically recognized for the street dog ABC program.

The total cost to sterilize approximately 160 female and 40 male dogs will be approximately Rs. 4,84,000. To reach our one-year goal of sterilizing 1,000 dogs, we require a total of Rs 25 lakh.

Challenges

Unfortunately, not all we can report is positive news, as there is also a fraction of Aurovilians who seemingly feel called to continuously spread rumors and malice for weeks through an avalanche of emails, and on several fora, even spreading doubt on the legitimacy of much-needed donations coming in. This has caused hatred and even violence towards our team, and to deal with this takes away a lot of our precious time from our actual work with the dogs and our service to the Community. We invite all who want to see and verify with their own eyes all the work and improvements we have been doing, to get in touch with us, make an appointment, and we will gladly take you around the shelter to meet our team, our vet, and of course our beloved dogs.

Heartfelt Thanks!

The entire team of the Auroville Dog Shelter would like to extend our sincere gratitude to all those who played a part in making this month a resounding success. We have ambitious plans for July and remain committed to enhancing the well-being of the dogs under our care and continuing to provide important services to the Auroville Community. Stay tuned for exciting updates and future endeavors.

Thank you all for your continued support!

Auroville Dog Shelter Team, Lore, Arthur, Caroline, and Coco

ANIMAL CARE JOB

Are you a passionate dog lover looking for a rewarding animal care job?

Join our dedicated team at the Auroville Dog Shelter!

As we are upgrading the level of care for our dogs and have lots of new and super interesting projects in the pipeline, we are seeking individuals to support us in providing the best possible care for our dogs.



• We are seeking:

Position: Animal Caretaker

- Working Hours: 4 hours per day, 6 days a week
- Compensation: Rs. 8,000 per month
- Requirements: Love for animals and enjoying physical work

Position: Social Media Person

- Working Hours: flexible, work from home possible
- Compensation: Rs. 8,000 per month
- Requirements: Love for animals, experience with social media marketing, skills in graphic design

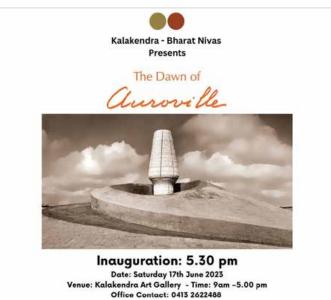
If you have a genuine love for dogs and are eager to make a positive impact, we invite you to join our team!

Thanks a lot! Auroville Dog Shelter, Arthur



KALAKENDRA PRESENTS

Dawn of Auroville



N.B: DUE TO THE PROPOSED VISIT OF THE PRESIDENT OF INDIA THE DATE MAY CHANGE Parking outside the Main Bharat Nivas Gate

- Venue: Kalakendra Art Gallery.
- Office Contact: 0413 2622488

A permanent photographic exhibition with basic information on the conception of Auroville, its inauguration, and the beginning of Matrimandir till November 1973. It has been curated by Sri Aurobindo Ashram Archives in collaboration with Auroville Archives and Bharat Nivas.

• Parking outside the Main Bharat Nivas Gate.



Regards, Vani, BN Cultural Team • Mori

FEMININE DANCE CLASSES IN CRIPA

Feminine Dance classes in Cripa, based on Tribal Fusion and Belly Dance freestyle and combination With "Masala" music from all over the world, any woman and girl can dance.

- Tuesdays : All Levels.
 - Girls: 4—5pm Starts again on July 11
 - Women: 5:30—7pm
- Saturdays: Beginners, 11am—12pm Renana, +91986544472 WA

• Morning: 6—8am

- Evening:
 - 4—5pm (pony walk)
- 5pm—6pm (riding classes)
 You can also choose morning or evening with refreshment and swimming. You are most welcome to explore the riding horses and enjoy the experience.
- Office timing
 - Morning: 9:30am—12:30pm
 - Afternoon: 2—5pm

Contact

- 04132965242, <u>redearthridingschool@gmail.com</u>
 - Kalivarathan for Red Earth Riding School



AUROVILLE

SWIMMING CLASS

Kids 6+ & Adults

To book contact

Mani, +91 8637633696

to advanced level

Courses from beginners

ABHAYA OFFERS MARTIAL ARTS CLASSES

Abhaya is and Aurovilian Activity that offers classes of martial arts since 2015. Our coaches are former profighters with extensive experience in training and teaching. Our philosophy is to train both the external and the internal aspects of martial arts: test our skill and be confident about the effi-



ciency of the techniques, but also develop an inner sense of progress and become aware of our state of consciousness under pressure, through self awareness and self discipline. Our classes are open to students of all levels, we have both absolute beginners and students that have already competed in elite tournaments.

Our Regular Classes

- Monday 5:30pm: Neijia (internal martial arts) and self defense
- Wednesday 5:30pm: Grappling and MMA
- Friday 5:30pm: Kickboxing and K1

Contacts

- <u>abhaya@auroville.org.in</u>, 9487340778 WA
- Check our work and follow us here: <u>https://www.</u> <u>instagram.com/giacomo_</u> <u>writer_auroville/</u>



Thank you, Giacomo for Abhaya

TANGO DANCE CLASS

Every Monday, Cripa, 6:30pm

• By apointment: Any time you can do class

Information

- Bring water bottle, socks
- Every month new batch beginner
- Minimum commitment 1 month
- Listen more Tango music
- Dance Tango every day by booking for couples or Individuals
- Be on time

For bookings contact us:

• +918637633696, bakisatadance@gmail.com. Mani





SALSA DANCE CLASS

- Beginner Class: Every Tuesday, 6:30pm
- All Levels: Every Saturday, 6:30pm
- **By appointment** any time you can do Salsa, Bachata Kizomba
- Need To Bring: Socks, Water, Smile
- Venue: New creation Dance studio
- Register before coming: +918637633696

Mani, @bakisata_dance

RUPAVATHI JOY ACTIVITIES

Bio-region Temple Tour

 Every Sunday, Wednesday and Saturday
 9am—12noon, starting from Solar Kitchen

Indian cooking

- Every Monday to Friday after 5pm at Creativity.
- Every Saturday and Sunday, 10am to 5 pm

Thai Massage

• Every day at Creativity

If you want to participate, please book it in advance:

- +91 8098845200, Voice and WA
- <u>rupavathijoy@gmail.com</u>

Rupavathi Joy

BAMBOO CENTRE



July Workshops 2023

Bamboo Centre Campus Tour

Bamboo centre campus tour offers a holistic experience into the world of bamboo all in one place. Takes you from the bamboo sapling, different species, varieties of raw materials, workshops, products, food and wellness services related to bamboo is curated into an educational tour with bamboo tea and refreshments.

Training and workshops

The importance of Bamboo as an Eco-friendly raw material capable of meeting many needs and is gaining global acceptance among many people.

Being a natural gift to mankind, bamboo is very popular due to its multipurpose use, fast growth, easy propagation, soil binding properties and short gestation period.

 Daily: Make and Take Hands On Workshops, Experiences and Educational Tours available



Submitted by Mani



One-Day, Make and Take Workshops

Furniture Workshop

This Immersive Learning Experience Barning that offers the Opportunity to learn the Fundamentals of Furniture Construc-



tion and then MAKE AND TAKE the Furniture Piece Back home. This Unique Workshop will take place under the Guidance of an Export.

9am—12:30pm, 1:30—5pm

Every day except Sunday

• Registration one day in advance.

Bamboo Toys

Come and learn to make your own Bamboo Toys at Bamboo centre and take home your own hand made Toys at the end of the workshop.

- 9am—12:30pm, 1:30—5pm
- Every day except Sunday
- Walk-in registration available

Bamboo Musical Instruments

We at Bamboo Centre are happy to share our vast experience and knowledge gained over 15 years. Come and learn to make your own traditional / folk instruments at our centre from professional crafts men and take home your own hand made instrument at the end of the workshop.

- 9am—12:30pm, 1:30—5pm
- Every day except Sunday
- Walk-in registration available

Bamboo Jewellery

Choose to craft, out of bamboo and learn to make your own Bamboo Jewellery at Bamboo Centre from professional craftsmen and take home your own handmade Jewelry at the end of the workshop.

- 9am—12:30pm, 1:30—5pm
- Every day except Sunday
- Walk-in registration available

Bamboo Tree House Workshop

• 6—8 July, 9am—5pm

This workshop focuses on Bamboo and Tree house construction from bamboo and various natural materials .

The Bamboo Tree House workshop will take place over 3 days, covering full day intensive sessions offered daily from 9am to 5pm.

Bamboo Nature Camp at Kodaikanal

• 27—30 July, 9am—5pm

This workshop focuses on construction from bamboo and various natural materials .

The Bamboo construction workshop will take place over 4 days, covering full day intensive sessions offered daily from 9am to 5pm.

Contacts

- For more information, special requirement, and prebooking contact:
 - Preferred <u>bamboocentre@auroville.org.in</u>
- or +91 8300949081, 0413 2623806
- Flexible training dates offered to groups
 - Contact: Voice call and WA: 8300949081, <u>bamboocentre@auroville.org.in</u>

www.aurovillebamboocentre.org Thanks and Regards, Murugan **SOUL OF SOIL**

Auroville Bio region hub for art, craft and culture to bridge and promote Local Tamil culture



Conscious and Cultural Tour Experience Program

Make and take handson workshops

Bamboo Musical Instrument	Bamboo Jewellery
Bamboo Toys	Clay Modeling
Terracotta	Incense Making
Paper Mache	Lampshade
Kolam Mandala Painting	Palm leaf craft
Coconut shell craft	Stone Carving

Daily: Make and Take, Hands-On Workshops at Bio region Art & Craft Centre (Mohanam, Cross Cultural Experiences and Educational Tours located in Mohanam campus)

- Advance booking is necessary
- Contact: preferred <u>mohanamprogram@auroville.org.in</u>, or call +91 8300949079
- 10am—4pm, Every day except Sundays

Mohanam campus tour

Come and visit Mohanam Village Heritage centre to explore the taste of Tamil culture, bamboo experiential farm, sound healing, hands on make and take—art and craft workshops at bio region art and craft centre, Lively one village boutique with products by bio region village artisans, saree & veshti library, local traditional lunch, herbal tea.

• 10am—4pm, Every day except Sundays

Mohanam Sound healing

Book your sound healing session/ south bath for groups at Mohanam village heritage centre. A journey into silence, voice, movement and meditation inspired by nature and rhythmic waves we dive into an inner exploration of embodiment and expression. Union of mind, body and spirit through celebration of sound to enhance the sense of balance and reconnect one to their own consciousness.

- Advance booking is necessary
- Contact: preferred <u>mohanamprogram@auroville.org.in</u>, or call +91 8300949079
- 10am—4pm, Every day except Sundays

Saree & Veshti Experience Tour

Let the magic of saree & veshti adorn you!

Choose a saree and veshti from a variety of beautiful saree and veshti in our library, get your traditional south Indian look with help of our women's group members will assist you to drape/ wear the saree & veshti. You can ask us for a photoshoot as an add on, south Indian style makeover—choose between kolam & cooking for an inclusive traditional experience

- Advance booking is necessary
- Contact: preferred <u>mohanamprogram@auroville.org.in</u>, or call +91 8300949079
- 10am—4pm, Every day except Sundays

Conscious and Cultural Tour Experience in Auroville

The future of the world (Integral—Consciousness—Responsible—Education—Empowerment Sustainability)

- Bio region village & temple tour
- 0 Bioregion historical/ monument/ heritage educational tour
- Auroville Forest tour ο
- Auroville Farm tour
- Auroville North-West experience
- Auroville entrepreneurship tour
- Includes Tea and snacks, Duration: 2hours.
- 1-day advance booking is necessary
- Day & Timing: Every day 10am—5pm

Cycle Tour with Bio-Region Youth + Breakfast

Auroville is considered one of the best cycle trails in India. We at Mohanam would like to offer our experienced staff as guides to take advantage of the best routes in and around Auroville using cycles. The route shall include the following destinationsIncludes Tea and snacks, Duration: 2hours.

- 1-day advance booking is necessary
- Every Saturday& Sunday, 6—8am

Auroville North-West Cycle Tour + Lunch

This tour is designed for the audience to make them more aware about the beauty and richness of our culture, tradition and our heritage in this north-west zone of Auroville. Also, this is a must take walk to understand the inspiring stories of various entrepreneurship units and the way they are carrying forward our age-old traditions with modern techniques.

- Every day 10:30am—1pm, except Sunday
- Meeting/ Starting Point: Visitor center, 1-day advance booking is necessary for group bookings (for single bookings at least before 10am)
- For Bookings: <u>mohanamprogram@auroville.org.in</u> or call us at: +91 8300949079

Saturday evening Aurosanthai market Indo African Drum Circle with Food & Campfire

Enjoy the evening with blissful fusion of instrumental music, freestyle dancing and traditional drumming with campfire, accompanied by traditional Tamil dishes.

- Every Saturday between 6 to 7:30pm (Pre-booking is mandatory),
- Venue: Mohanam Village Heritage Centre,
- For more information: <u>mohanamprogram@auroville.org.in</u> or call us at: +91 8300949079

Kolam Village Walk

Join for Spiritual Kolam walk and let the inner spirit and emotions lead the flow of Kolam. Enjoy the Delicious Tamil breakfast after the small trip inside the village, early in the morning made by local women to support them economically.

- Meeting point: Mohanam Heritage Village
- Every Friday, 6am to 8am
- Facilitator: Mohanam youth
- Contacts: mohanamprogram@auroville.org.in or +91 8300949079

Thiruvannamalai Eco & Spiritual Services

- Thiruvannamalai—Mohanam Services 0
- Aurunachala—Auroville
- Tour, Retreat space, Camping, Temple visit, Ashram, Girivalam Full Moon Experience.

The following services are available in Thiruvannamalai as Mohanam program has partnered with locals to arrange local tours, therapy, ashram visits, healing sessions, trekking and camping packages, group outings and awakening/ spiritual tours and Thiruvannamalai volunteering activities.

You can book the complete tour (cab, stay, local visit to spiritual places) by the Mohanam youth to Thiruvannamalai.

For more information: mohanamprogram@auroville.org.in or call us at: +91 8300949079

Balu



Robert

Looking For A Room

Hi, I'm looking for a room with good natural lighting and ventilation, quiet, no dogs, no peacocks for 2.5 months. Thank you! robertdemito@yahoo.com



House Sitter For August And September, In The Greenbelt

Looking for a dog loving house sitter that is happy to look after the dog and garden: Aurovilian, Newcomer or Savi volunteer. Single person preferred, but couple possible. Call or WA 9489601312



Shankar K. from Matthur is looking for garden or field work. He has also experience with looking after dogs. He has worked in Auroville for 30 years. Recently he lost his workplace due to a change in management. If you are interested, please call him directly (if you speak a little Tamil) 9787756807, or call/WA 9489601312.



Dear friends, we are looking for a stationary exercise bike for Jivatman for physiotherapy. If you have one that is lying unused that we can borrow for a few months or exchange for a reasonable contribution, please let us know.



Warmly, Devi

Clifford Needs a Home

We are trying to find a foster family for an adult male Labrador, his name is Clifford. We are willing to cover the costs for our dog's food and vaccination, and we are also willing to pay you for taking care of Clifford. We would need you to take care of him until we return, this would be for around 3--6 months, however it may still take a little longer before we can come back.



We wish that the person who would

take care of him would allow him to live indoors, definitely not keep him in a cage outside in the garden. If you meet all these conditions and are willing to take care of him, please contact us immediately using this email address <u>3178685954@qq.com</u>. Thank you! Esther



Bajaj DominAr 400cc Available



Bajai DOMINAR 400cc + 40k worth of equipments.

Dual ABS brake system, No scratch, no accidents, 17600 km driven, the bike is in amazing condition. PY registration. 2nd service is done, 3rd service should be done around 20000 km.

9786809518 or email us at airconclean.av@gmail.com



Need to Laminate Artwork



I am preparing an exhibition of my work. Abstract watercolors paintings on sheets of News and Notes.

I love the discovery of art which brings challenges of unusual materials. I need to laminate all my work for protection. If you could support Roof Studio/AV Art Service, I will appreciate it.

Please do not hesitate to support this specific project, I will really appreciate even one rupee.

• FS account 252401

Ivana



AUROVILLE EARTH INSTITUTE



Job Description: Admin Secretary

- Training course coordination On campus + Online On-Campus
 - Emails, Phone calls and Follow ups
 - Registration to the course
 - Feedback Updates, MS word, google doc and Summary
 - Documentation of trainees like clicking photos during course

Online

- Creating student accounts and tracking progress
- Sending out course-specific emails on course dates and course completion requirements
- Troubleshooting technical problems and answering basic questions by email and in the course forum
- Issuing certificates to those who complete a course

Secretary Job

- Emails, Phone calls
- Publication sales
- Helping walk in visitors with needed information
- Assisting for various office works
- Office purchasing
- Collecting bills from various units in Auroville or around when needed

Languages: Tamil, English and any other language is plus Software: MS Word, MS Excel, Photoshop (Moodle or other open-source platforms and other software are plus)

Job Description: Assistant Trainer

- Assisting in training courses on CSEB and other AVEI techniques
 - Getting trained to conduct the practical training courses
 - Getting trained to use and quality check the Auram press
- Assisting in research on various earth AVEI techniques
 Identification of soils
 - Casting samples to be tested
 - Conducting various series of tests

- Supervision of construction sites
 - Daily supervision on site
 - Management of workers
 - Supply of materials
 - Campus infrastructure maintenance

Languages: Tamil, English and any other language is plus Software: MS Word, MS Excel is plus

> Warm regards, Malavika S Nair, Communication & website specialist, Auroville Earth Institute, UNESCO Chair Earthen Architecture

ITS: WE ARE HIRING



Regards, Rajesh.D, ITS

AWARE Oluroville

Opportunity for Newcomer/Aurovillian with a passion for media and communications.

Full Time (Maintenance is possible)

AWARE aims to promote human unity through effective communication and collaboration. We focus on various aspects of Auroville, including spiritual, cultural, social, economic, organizational, and ecological aspects, to help Auroville realize its vision.

AWARE is unique in its conscious approach towards communicating actions, collecting insights, ideating different approaches, and innovating the most appropriate way to communicate. Aware offers its services on a free and fair basis and is run by Auroville residents to provide authentic information.

Skills and Knowledge desired

- The ability to work well independently and within a team
- Strong written and verbal communication skills
- Creativity and innovation
- Management skills
- Basic understanding of web and social media promotion
- Problem-solving abilities
- Medium level IT skills

Above all we need someone who is driven by Auroville's vision and feels the need to communicate this in the most sincere and earnest form to the world.

<u>aware@auroville.org.in</u>, 98100 52574 WA

Warm regards, Nilima



GAU SEVA AT SADHANA FOREST!



Your heartful service is needed at the Sadhana Forest Gaushala!

You are most welcome to join us on any day **from 7am onwards**, and have a vegan breakfast

at 8:45am.

Breakfast is offered as a gift, and there is no need for prior booking. If you would like to contact us:

sadhanaforest@auroville.org.in, 8525038274WA or call 8122274924

Looking forward to welcoming you! The Sadhana Forest team, warmly, Shek



Free Stare

FREESTORE OPENING TIMES From July Onwards

Morning hours:

- Monday to Saturday:
- 8:30am—1pm

Afternoon hours:

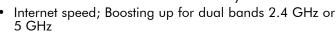
• Tuesday and Thursday: 2:30pm—4:30pm

We kindly request that you bring clean, washed, and usable clothes for exchange at the Freestore. Your cooperation in this regard would be greatly appreciated.

At Her Service, Kamala For the Freestore team

INTERNET SERVICES OFFERED

I am Ramakrishnan Aurovillian experienced in the fiber internet field (Ftth) for 8+ years and gained more knowledge in creating-on new fiber internet infrastructure and IT troubleshooting work for our Auroville community Since 2015. I am happy to provide the below services to our Auroville community



- Wired/wireless; Fibre ONT modems, Routers, Switches installation/repairing work
- Fiber optic cable; Joining, power loss troubleshooting, laying/pulling work inside and outside your house
- CCTV; Configuration/Installation/repairing work inside and outside your house
- Smart-TV/laptops/printers; Configuration/Installation/ repairing
- Other network communications devices; Configuration/ Installation/repairing

For any internet-related issues/complaints

 Please feel free to contact me Ramakrishnan, 9943919899, <u>ramkrishna@auroville.org.in</u>

Ramakrishnan

FOR YOUR NEXT HAIRCUT



For your next haircut and/ or a relaxing beauty care for your hair appointment, contact:

Ahana @9751513906 (WA, Signal and Telegram only) or <u>essence.touch@</u> <u>yahoo.de</u>

Ulrike

AIRCON AIR CONDITIONING CLEANING SERVICE

Aircon Clean offers a comprehensive Air Conditioner cleaning service known as Jet Service.

The Jet Service includes not only the filter cleaning but also indoor cooling coils, blades, and blower wheels, indoor cooler drain tray cleaning and outdoor unit with AC jet pump. After



a cleaning service your air is fresh and healthy, reducing sickness and helping you live a healthier life.

Save up to 30% power usage with a regular cleaning service.

 Contact Aircon Clean now at 9786809518 or email us at <u>airconclean.av@gmail.com</u>

Regards, Julien

LATEST NEWS FROM INSIDE INDIA-TRAVEL SHOP

Due to the road construction you can only reach us via the Garden Entrance of Kalpana opposite Humanscapes

 Our e-mail address has changed to <u>travelshop@inside-india.com</u>, landline 2623030

Mr. Ganesh our Travel Consultant

- Will be at our Kalpana office at 10am—4pm, Monday to Friday.
- He can also be contacted anytime: +91 9894598686, phone or WA
- or by email: <u>travelshop@inside-india.com</u>

Qatar airways

- Qatar airways happy to reintroduce STPC* (Stopover For the Purpose of Connection), providing your clients a seamless travel experience whenever they transit via Doha. This service is available for customers who do not have an immediate connection in Doha, with a transit time between 8 and 24 hours¹.
- Qatar airways is resuming flights to Birmingham on 6 July
- Starting 3 July Qatar airways has four weekly flights with competitive fares to Lyon
- **Qatar airways** announced flights starting 1 July to Vienna, Zurich and Edinburgh
- **Qatar airways** has interesting offers to London, Barcelona, Dublin, Paris, Helsinki, Frankfurt, Stockholm, Amsterdam, Madrid, Milan and Rome
- Srilankan airways offers special one-way fares from Chennai to Paris, sale validity is 31 August
- Etihad airways offers special fares from Chennai to Frankfurt, Amsterdam

¹ Terms and conditions apply

Joster

REPAIR

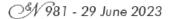
of Air Conditioners, Fridges, Washing machines and Appliances



Loganathan working at Mahasaraswati Shop (near PTPS, Aspiration area) is a long term Aurovilian that has gained a lot of knowledge through looking after and repairing all kinds of machines.

He happily repairs your machines and appliances. Contact:

• +91 9443493025 phone, SMS, WA Jagdishan





ARKA'S KITCHEN IS OPEN FOR LUNCH

We are happy to inform you Arka's kitchen is open to receive its guests, **open for lunch Monday to Saturday**

- AV/NC @ Rs.200/-
- Guest Rs.250/-

• children Above 10 Years 1/2 price.

Lunch timing 12:15 pm to 1:30pm.

 Pre Booking is required (Please call one day before on this number 0413 2623799 in office timing: Morning 8:30am—12:30pm & Afternoon 2—5:30pm.

Please follow us on instagram page Auroville Arka .

Thanks & Regards, Ramana, Arka

RED DOT CAFE AT UPASANA

DIGITAL MENUS

Low carb office lunch. Vegan option available. Sign up for a lunch scheme, perfect for a Group lunch meeting.

upasanasred.cafe@gmail.com



Submitted by Uma

Dear develo 50001 Aurovi

+91 9962197716,

Dear Residents, 150dpi has designed and developed a digital menu recently for an Auroville's Restaurant which can be read by their customers coming to dine using a simple scan of the QR code from their mobile phone and be able to place their orders to the restaurant's staff.

• Scan the QR code below and experience the ease and convenience of ordering.

The digital menu also features a password protected administrator area through which you can add, edit, update your menu items along with marking items "not available" in real time and it reflects immediately on the customer menu side which is accessed by the diners.

Vou are on HTH O

Our Menu

Key advantages of this digital menu:

- Adding items and removing them can be done instantly.
- Price updates of items can be done with ease.
- Mark an item "not available" for the day so the diners won't order it.
- Update a particular day's special menu items.
- You can share the digital menu QR code with anybody.
- Payment can be done also through the same stand with payment QR code.

If you are running an eatery and feel this is something you would be looking for, please get in touch with us via email on <u>hello@150dpi.com</u> or call us on 08098144686. We offer interested eateries a "**one month free trial**" of this digital menu. After which, it is a nominal yearly subscription fee that goes towards building and maintaining the software.

> Sathish Arumugam For 150dpi. Auroville Activity since 2010 8098144686, <u>hello@150dpi.com</u>

POUR TOUS WATER Free Service To The Aurovilians



Dear Friends, Pour Tous Water provides free service to the Aurovilians as part of the prosperity vision (service for all).

We would like to express our gratitude to the BCC, which is supporting the budget to cover the running costs of Pour Tous Water.

The service and labor is free. If material is necessary for your work, the city service advances it, and you are paying to the collection account, which is going back to City Services only to cover the material cost.

Pour Tous Water would like to work with you in collaboration on transparency and accountability. All service transactions are through Financial Service accounts, we do not handle cash for the services and appreciate you helping us with this. Pour Tous Water keeps plumbing materials on hand for emergencies to save money on petrol and avoid time-consuming round-trips to the store.

• For plumbing and water works, please contact us at Pour Tous Water's office numbers: 2622899, 9843644308, and ptw@auroville.org.in.

Sincerely, Grace, for Pour Tous Water

SOLITUDE FARM BASKET SERVICE

For many years Solitude Farm has run a basket service where we provide a basket of fruits and veg, and greens on a weekly basis.

In this summer season we have papayas, soursop, pineapples, jackfruit, mangos sometimes, guava, a little later there will



Solitude Farm

be chikoos and there are also various vegetables such as beans and, bottle gourd, pumpkin, brinjals, capsicums, spinach and a bag of mixed greens that we use for Salad st the farm cafe.

If you have a connection to Tamil culture, there are banana flowers, sundakkai (turkey berry), banana stem, green mangoes and more. There is even a juice kit with flowers and leaves that make delicious coolers.

The produce changes through the seasons and we invite participants to come and learn from us how to use produce such as jackfruit seeds or bread fruit, green papayas etc.

• The baskets can be picked up

on either Monday, Wednesday or Friday.

The pricing changes depending on how long you subscribe for. A one year subscription is much cheaper than a one month subscription. The baskets are generous in size and can weigh up to 8 kgs, the more you understand local foods, the more produce we are able to give!

If you would like to eat food that has no carbon footprint and does not harm Mother Earth, food that is equally tasty and also reflects the values of Ayurveda, often addressing problems such as Diabetes and other such diseases, then the basket service is a great local solution for sourcing organic and most importantly local produce.

• If you would like to sign up for the basket or the lunch scheme at Solitude Farm Cafe, please contact us.:

<u>solitudepermaculture@gmail.com</u> 9843319260 WA, Solitude farm & café Auroville, Krishna



TO PHILIPPA

My heart goes out in flame and dream To linger by your childbright soul, You were sunlight on a shimmering stream, The laughter of light on a crystal bowl; You did not dance but flow and sweep Through windy shining wildfire days; Touching your truth I cease to weep, For your golden smile within me says, "Behind each sorrow soars a silent joy, Each blind despair a secret splendor brings, Why do you mourn that crazy broken toy? I fly to God on singing, strong fresh wings."

Lady Jean



CROWN TOO HIGH?



Dear ATDC, could you please explain to the community why you have chosen to build the new road 50—70cm higher than many of the existing buildings on the Crown?

It makes things very difficult, both for pedestrians and delivery vehicles, to access them.

Regards, Eugen, Courage, 2623137, <u>Eugen@auroville.org.in</u>, 24.06.2023

LIVING WORLD

Every week we can see information about tango classes in Auroville. Every day we can see the mango fruits in the city's shops. Fruits are the result of photosynthesis in leaves under sun rays. Other results of this process is oxygen. It needs oxygen for tango class and any



human activity. All life is yoga and using oxygen.

When Auroville started there weren't tango or mangoes on its territory. His holiness the Dalai Lama visited the city in 1973 and in 1993. He said in 1993 that it was a problem to find a shade in Auroville twenty years ago. In 1993 the problem had disappeared. A Green umbrella of the city is more effective every year.

Newspaper "The Hindu" informed us that the day temperature of 4 May in Puducherry was 40.7 degrees, and at night 29.6. Of course in Auroville it was cooler. Our forest is attractive because clouds and rain in Auroville are more intensive than in Pondy.

Against Global warming our city created a green defense. So many words are in use in every country about the warming problem! Auroville demonstrated a practical solution for it. Our afforestation is a call of the world deforestation.

Contemporary cities are seriously sick by pollution, carbon dioxide in the atmosphere. There is a medicine against this sickness—greening. The roads into cities and between them are poisonous and dangerous tracts.

What about Auroville? Green cover is positive for its health, negative—numerous motorbikes, guest vehicles, new roads. There is, in the city, a plant called Catharanthus roseus, common name is Madagascar periwinkle. According to the Mother, the spiritual name of its flowers is 'Progress'. This kind of progress is very welcome in Auroville. **Boris**

WE HAVE PLEDGED OUR LIVES AND IT IS FOREVER



Familiar faces of Aurovilians emerge within, all having an Ashram background that make us different, incapable to sink. This too is part of the deeply felt celebration of Mirajyothi and Mallika rejoining the Mother. Pondering over those names a clear signal emerges. Those years of Ashram ap-

Those years of Ashram apprenticeship before joining Auroville, with a solid base on Sri Aurobindo's and Mother's teachings, have given us a collective identity, that of an Ashram-Auroville group-soul keeping us afloat whatever the challenge. Only one has left Auroville; all others, dead or alive, remain.

It is this Aurobindonian matrix, nurtured by the daily exposure, year in and year out, to the silent example of great early sadhaks, that preserves our faith intact, stronger than inner and outer dangers. We do believe. We do belong to Them. Some have dissolved into Them. Whatever our fate may be, wherever we are, whatever happens to us, in life as in death we do belong to Them. Our Paths are marked and there is no way back but fulfilling our destiny. One is all, all is one. Forever. We belong. We are.

That the Path allows no way back I have been knowing for the past fifty years. But if ever any doubt could arise, given the harshness of the times, every single day I recently spent in Canada with my family and grandchildren this certainty grew more and more, overwhelming till nothing else was left; making me every single hour more aware of how different our destiny is from all others', family or no family, alone or in a group; no matter what our respective occupations in Auroville are, no matter what ordeals confront us, truly I had no choice but returning to Auroville, offering my whole to the collective sacrifice, one with all others. Sadhana is always, anyhow, the supreme sacrifice-sacrum facere-and ours is the collective sacrifice enacted by the Ashram-Auroville group-soul. Deeply within, living in the unwavering flame where Sri Aurobindo and the Mother are forever, and so is Auroville-Their Auroville-above and beyond the greed and littleness of humans tossed around in a stormy sea.

Called, pulled... a memory surfaces... is this awareness akin to that binding Aurobindo Ghose's independence fighters to the Master? Threatened with the gallows yet laughing and joking in their cells?

Marked by fate, we are. Mirajyothi and Mallika eternally live, and so it will be for all of us. Soul is immortal. We belong to the Avatar and have no other existence but Them, in Them, through Them. To the citizens of "the Avatar's model town" the kingdom is within the Dream no one can kill.

Character may determine our fate, but character is not determined by fate, it's determined by our choices I read unexpectedly in Google. Chance? Or... isn't this the Mother, freewill as right of self-determination? Determined by the choice of service and loyalty to something infinitely greater than us, until we dissolve into that greater collective self and then, WE ARE.

Whatever our individual paths may be, whether anguish or ecstasy await us, whatever degree of spiritualisation we may have achieved, or none, the Ashram-Auroville Aurobindonian group-soul binds us together and there is no way out, no escape. At the cost of no material achievements, no rewards, losing everything for no outer gain whatsoever, trashed: who cares? This is the beauty: we are free. We no longer belong to ourselves; we do not own our beings. We have pledged our lives, and it is forever. OM TAT SAT.



Submitted by Paulette

REPLY TO SATPREM

My dear Satprem,

Sorry for the delay in my response, I was in a retreat. Thank you for reaching out, I do feel your pain and anger and deeply appreciate your sincere attempt to connect and understand. As a response, I will do my best to deeply reflect on the current situation and share what I see from my perspective. My perceptions may or may not be the Truth, however, they are my personal truth. It is the same inner seeing that gave me the courage to stand up against my family and friends while I was joining Auroville, and I have complete trust in that guidance and I cannot follow any other.

I am here in Auroville for the yoga of the Mother and Sri Aurobindo and therefore looking at our situation from the perspective of yoga and not from a legal, moral, emotional or political angle. In outward appearances, the GB & the Secretary have taken up the leadership role in the material and economic development of Auroville and have rejected some of our old ways of functioning and we are losing the autonomy we have enjoyed so far. The methods used are not at all what we would naturally expect to see happening in Auroville and it is shocking to us. I know that my mind cannot fully grasp the ways and processes of the divine shaping individuals, communities and humanity toward a greater evolutionary possibility. From Sri Aurobindo's own life we learn that the Divine had put him in jail for solitary imprisonment for a year to show him a greater possibility. Such events, outwardly cruel and violent, may appear to our tender heart's emotions to be an inappropriate process to manifest human unity or a new consciousness. The ways of Nature and the Divine are indeed beyond our human moral codes of conduct, however noble we may consider our ways to be. From the perspective of yoga, we exist in the Divine and all things are nothing but That.

Whatever these outer appearances, in my understanding and experience, the soul of Auroville is indestructible, incorruptible and mighty. So there is no trace of anxiety in me regarding the future of Auroville. Yes, there is chaos on the surface but nothing can stop the manifestation of Auroville, this is my absolute faith and certitude and nothing will shake it. At the most what can happen is a delay and detour in the manifestation of Auroville due to a lack of receptivity in people to Her force. But such a delay and detour are not something new to us as evident in our own lamentations expressed internally over many decades regarding our internal state of affairs. Now such lamentations are coming from the GB & the Secretary and they are doing their hammer blows to change the status quo.

I keep hearing again and again from many Aurovilians that the GB, the Secretary and the IAC are outsiders. From the legal view of the present Auroville Foundation Act, brought in by our own elder Aurovilians to protect Auroville, it will be sheer ignorance to look at them to be outsiders. You may feel it to be so emotional, but that won't help much. Please note that they will be held responsible for the success or failure of Auroville by the laws of India. They do have legal roles and responsibilities to follow in the manifestation of Auroville and as long as the Auroville Foundation Act exists, they will remain insiders at legally.

Spiritually whether the members of GB, IAC and the Secretary are willing servitors of the divine consciousness or not is something that our little human mind can judge. How the divine Mother acts and what type of instruments She uses to accomplish Her mission is not within the scope of the human mind to grasp and judge. Such speculations are likely to reveal more of our ignorance than the Truth. Receptivity to be a willing servitor of the divine consciousness does not depend on one's legal status as Aurovilian, nor does it depend on whether an individual is living in Auroville or not. Such formal status has only some pragmatic utility for legal purposes and should not be taken as a sign of receptivity to Mother's Force. Similarly, the number of years one has lived in Auroville can not be held as a measure of receptivity to the divine consciousness. So it is better not to delude ourselves with such notions.

The Context

Auroville exists in the context of India and it is important that we understand this context that is changing rapidly. What is happening on both sides of the road to Kuyilapalayam is an alarming sign of the rapid pace of changes taking place around us and there is nothing much we could do using our internal processes. We have been very successful in terms of generating great creative diversity in Auroville with a large number of islands of excellence doing admirable work, your Earth Institute being one of them. However, when it comes to protecting the integrity of our masterplan area or simplifying our complex internal bureaucracy and non-transparent and complex financial system, or building common infrastructure like housing or roads to meet the growing demands, our internal processes have been hopelessly inadequate or even counterproductive. We had been helplessly stagnating, entangled in our own neverending internal processes that cannot go beyond endless discussions and the creation of documents with wonderful ideas of change without any power of execution. The number of studies, workshops, and documents created in the last two decades is enough proof. When it comes to collective systemic transformation, there was no executive power that could effectively put things into action. We were living like a collection of fieldoms that could never come to an agreement on action for the larger good of the whole. There is no point in denying it.

Besides such internal stagnation due to disagreements on joint action, we were constantly under attack by people like Vikram Ram who were putting pressure on the government at all levels and the GB accusing Auroville of all kinds of misdeeds. In fact, the previous GB had to even initiate an Enquiry Committee. On the other hand, the previous WC had filed a writ petition in the Madras High Court demanding government protection of the land designated for Auroville. It is in this context the new GB & the Secretary was put in place by the Gov. for direct intervention to help Auroville to come out of the internal deadlock, or at least that is how I understand it, especially as a gift on the 150th birth anniversary of Sri Aurobindo. However, the work culture of the Gov of India is quite different from our internal work culture and this difference has led to deep misunderstanding and resultant conflicts.

Intervention

The first report of the GB [see the report of the 57th Governing Board Meeting held on 2nd November 2021] was accurate with surgical precision on the issues we were entangled with. While I would consider the goal of 15,000 people by 2025 to be unrealistic, overall I saw a great deal of benevolence and goodwill coming from the side of the GB. The Secretary made it clear that being a government official she has four references—the Constitution of India, the Auroville Foundation Act, the gazetted masterplan and the Charter of Auroville within which she can operationalise her responsibilities. The very first intervention was the successful recovery, in July 2021, eviction of the occupied land at Auro Orchard, a problem that was festering for 20 years, something that our internal processes couldn't resolve.

When it came to the Crown, it is a well-known fact within the community that the Youth Centre was intentionally placed decades ago on the Crown by the people who did not want the Crown and so was the planting of the trees in the area designated for the Crown. The intentions of the people who did it were loud and clear as you can see in the message below which was put near the Youth Centre where crown development was blocked.

The development of the road was blocked, the laying of cables was blocked even though we had a gazetted masterplan and there was nothing our internal process could do to resolve this conflict. Rather our internal process was well suited to block any development if you get a group of people together and glorify it as a participatory process. All Working Groups are disempowered to do anything about it and the dysfunctionality and injustice were well wrapped under the cover of the internal community process and human unity. Any group can impose their will on the collective development based on their self-interest and there was no internal power to deal with it.

When a piece of land is given to you to be a custodian till the time comes for the development of the city and when you intentionally build structures over a planned road or plant trees over them to block the development, and then when the time comes for the development of the planned things, you refuse to give back the plot given to you in good trust, you are destroying the very fabric of trust that builds a society. You cannot greenwash such a violation of trust, you can't cover it up with slogans of human unity, you can't cover it up in the name of love for youth, you can't cover it up by saying it is now the ground reality. It is not about a road or its shape or materials used, fundamentally it is a breach of trust, a rupture in the very foundation of our social fabric. It is such violations that give birth to written laws, courts and police in society. It is such violations that dishonor the psychic purity and its spontaneous self-governance that requires no mental rules. To top it all, when someone questions you and holds you accountable, you call them religious fanatics who blindly want a perfect circle.

Who are you fooling?

Without intellectual honesty and sincerity, there is no way forward if you want a city at the service of Truth. This is not the new humanity Roger spoke about that can build the city of the future. When people

quote Roger I don't know what they are justifying. You can't hide dishonesty under the garb of ecology

and human unity and community process and pretend to be the savior of the earth. The Secretary made it very clear that the Indian laws are the same whether it is in Auro Orchard or the Mahakali park, she must abide by the laws and the four references she has. Her first six months went on for consultations and meetings with all the concerned people but I guess being a well-experienced person she could see through the dishonesty parading in the garb of ecology, human unity and community process-a process that wouldn't go beyond endless discussions, a process that retained the status quo. Behind it was the resistance, every time coming up with a new excuse. In 1995 when I joined Auroville I read a lot on Auroville News about how obsolete the Galaxy plan or the idea of the four zones were claiming that all these are ideas that come from the sixties and we must go beyond. Anyone who loved the galaxy was treated as a religious fanatic. The resistance was always there and I believed in that narrative for some time but over the years I could see through the falsehood. The resistance took many different forms, every time coming up with a new excuse and the latest is the inappropriateness of the means used by the Secretary, but I must say we have made huge progress. Now people say we are not against the Galaxy—this was not so in the past.

I guess the Secretary realized that this so-called community process was not going to make any breakthrough as the goalpost kept changing and she decided to use her authority and enforce the law of the country. We can argue that she should have shown more patience or used softer means. Anyway, such enforcement gave a grand and dramatic opportunity for people to play the role of a victim, play the classic drama triangle and demonize the Secretary, a narrative that is easy to sell in the mass media and gather mass support. People love such stories, stories that are simple and black and white, stories that are gripping in which there is a demon out there. The rest is a deep downward spiral into the pit of our own shadow where we are co-creating a painful reality constantly blaming the demon out there. If the Secretary is handling the situation in a heavy-handed authoritarian way, can't you see the crudeness and verbal violence of our own response to her? This is a co-created reality, you can't wash your hands off. Dear Satprem, I don't see the Secretary as a demon who is here to destroy Auroville, nor is she giving me

orders that I obey like a sheep. These are products of your imagination. I have had many occasions to sit with her and have deep discussions and I don't doubt her sincerity and genuineness of intentions. We can debate the means she has used. Her ways of doing things are different and way too fast for us and she follows the work culture of the government officials. It is quite different from ours and the difference doesn't make them demons. The Government of India is not a demon though many international media houses are doing all they can to demonize the present Government of India and equate it with the Nazi regime of Germany. I know there are many Aurovilians who deeply believe in such narratives and fears born of such narratives are fueling the media violence unleashed upon the Secretary. India had never been a predatory nation in its entire history and when some nations and their media demonize the present Government of India, they are projecting their own shadow coming from their own past. If you do not understand how the shadow works, you cannot transform it.

Even though we have already seriously damaged our relationship with the Government of India due to our own smallness, I believe it is still not too late to course correct and find ways to collaborate. The land consolidation, the building of the houses and infrastructure necessary for the city, transforming our financial system for simplicity, transparency, accountability and compliance, birthing an economic system that can move towards increasing financial independence, birthing an internal governance system beyond the vote bank politics, steering Auroville towards an international campus for lifelong integral education, all this requires serious support and the GB and Secretary are here to provide that.

But their work culture and language are different and we need to understand each other's ways. If you read Sri Aurobindo's five dreams you can see from dreams 3,4 and 5, that the destiny of India and the destiny of Auroville are woven into each other. We must find ways to collaborate not only among ourselves but also with local, State, national and international governments and institutions. It requires a great deal of maturity and fearless self-confidence. It is easy to come together against a demon out there, that is not human unity. That is our natural unconscious instinct when we are in the grip of fear. Auroville is a place where "...all the fighting instincts of man would be used exclusively to conquer the causes of his sufferings and miseries".

I also know that the world is only a mirror showing us what we are and what we find shocking in others is lurking secretly in our own subconscious. The demon out there in the mirror is our own reflection. Human unity is different from tribal affinities and a sense of bonding within a clan. We must go beyond these identifications and see the divine self in all and feel the universality of our being in which all are manyfold expressions of the One. All processes are processes of the One shaping the future. It is only in our deep inner silence, quietude and peace we can experience the One in all.

In my understanding, this is a basic proposition for our progress here.

With affection and warm regards, Manoj, Auroville, 2022.10.07

A FUTILE REVOLT

"You must know that this is not a simple affair at all. It is not a revolt against the British Government which any one can easily do. It is, in fact, a revolt against the whole universal nature and so one must think deeply before enrolling oneself with me."

"Naturally, what was established hangs on tight and defends itself desperately. That's the cause of this whole trouble (swarming gesture in the earth atmosphere)..."

> Sri Aurobindo and the Mother, Avatar founders of Auroville

Take very careful note, all you who are engaging here in their City of Dawn, within Mother India, the Guru of the World. Who or what are you revolting against?

The Revolt is Against the Whole Universal Nature

Do not waste your precious human life in a doubtful and futile revolt. Here for proper guidance from the Masters:

1923:

Here's Sri Aurobindo sharing his light and warning to a disciple:

"You have to make a choice: the individual is absolutely free in this yoga. I cannot crush your individuality. I mean, I can, but it is not allowed in this yoga. So, the working of the Higher Power depends upon the choice you make.

Sadhaka: But you are there to protect us.

Sri Aurobindo: Yes, I can protect you if you have the absolute faith and make the right choice. If you make the wrong choice I cannot protect you. You must know that this is not a simple affair at all. It is not a revolt against the British Government which any one can easily do. It is, in fact, a revolt against the whole universal Nature and so one must think deeply before enrolling oneself with me.

There will be tremendous forces that will attack you and you have constantly to go on making the right choice and giving consent to the working of the Higher Truth and thereby prove your strength.

If you begin this yoga the first result is likely to be a feverish internal commotion, aśānti, rather than śānti, peace, that you are in search of. And when you come to the material plane,—there especially, the odds are almost insurmountable.

I have made my watchword: Victory or Death."

• <u>https://sri-aurobindo.co.in/workings/purani/00/eve-ning_talks.htm</u>

1970:

The Mother: It is Done

"It has to be worked out, as they say, realized in every detail, but the change IS DONE—the change is done. ... The physical is CAPABLE of receiving the higher Light, the

Truth, the true Consciousness, and of man-i-fest-ing it. It's not easy, it calls for endurance and will, but a day will come when it will be quite natural. It's only just the open door—that's all, now we have to go on.

(silence)

Naturally, what was established hangs on tight and defends itself desperately. That's the cause of this whole trouble (swarming gesture in the earth atmosphere)—but it has lost the battle. It's over. It's over.

(silence)

It has taken this Consciousness... a little more than a year to win this Victory. Naturally, as yet it's visible only to those who have the inner vision, but... **it's done**.

(long silence)

That was the work Sri Aurobindo had given me, that was it. Now I understand.

But it's as if from every side—every side—those mental forces, mental powers were rising in protest, violent in their protest, so as to impose their old laws: "But things have always been this way!..." But it's over. They won't always be this way, that's all.

(silence)" ...

<u>https://sri-aurobindo.co.in/workings/ma/agenda_11/1970-03-14-01_e.htm</u>

2023:

We the receptives continue on as Supramental warriors and torchbearers in the true understanding and application of the Transformation and the Supramental

 https://incarnateword.in/compilations/transformationand-the-supramental

...towards the Supramental Emergence, the Divine Manifestation.

"The whole earth must prepare itself for the advent of the new species, and Auroville wants to work consciously to hasten this advent.

Little by little it will be revealed to us what this new species must be, and meanwhile, the best course is to consecrate oneself entirely to the Divine."—To Be a True Aurovilian

<u>https://auroville.org/page/a-true-aurovilian</u>

The function of the psychic being in this bundle of We is to offer all things to the Divine for transformation.

<u>https://sri-aurobindo.co.in/workings/sa/22/0005_e.htm</u>
 Om Namo Bhagavate,

Zech, 2023.06.22

A WILLING SERVITOR OF WHAT?

This is the usual reactionary question of any ordinary human reading our Charter:

"But, to live in Auroville, one must be a willing servitor of the Divine Consciousness."

Their next questions are:

"Who or what is this 'Divine'?"

"What is 'Consciousness'?"

Before answering, to test the waters, so to speak, you can first ask them "Do you think a tree is conscious, or a stone?" and watch the reaction. The ensuing discussion, if conducted as a spontaneous dynamic satsang, becomes very interesting and helpful in their quest to fully understand this discombobulating and intensely diverse Sangha we call Auroville, the City of Dawn. Here's one of our Avatar founders, Sri Aurobindo, giving us a snippet of the integral understanding and guidance on what Consciousness is and Its proper application:

"Consciousness has no need of a clear individual "I" to dispose variously of the centralizing stress,- wherever the stress is put the "I" attaches itself to that, so that one thinks of oneself as a mental being or physical being or whatever it may be. The consciousness in me can dispose its stress in this way or the other way-it may go down into the physical and work there in the physical nature keeping all the rest behind or above for the time or it may go up into the overhead level and stand above mind, life and body seeing them as instrumental lower forms of itself or not seeing them at all and merged in the free undifferentiated Self or it may throw itself into an active dynamic cosmic consciousness and identify with that or do any number of other things without resorting to the help of this much overrated and meddlesome fly on the wheel which you call the clear individual "I". The real "I"-if you want to use that word—is not "clear individual", that is, a clear-cut limited separative ego, it is as wide as the universe and wider and can contain the universe in itself, but that is not the Ahankar, it is the Atman.

Consciousness is a fundamental thing, the fundamental thing in existence—it is the energy, the motion, the movement of consciousness that creates the universe and all

And More Voices

that is in it—not only the macrocosm but the microcosm is nothing but consciousness arranging itself. For instance, when consciousness in its movement or rather a certain stress of movement forgets itself in the action it becomes an apparently "unconscious" energy; when it forgets itself in the form it becomes the electron, the atom, the material object. In reality it is still consciousness that works in the energy and determines the form and the evolution of form. When it wants to liberate itself, slowly, evolutionarily, out of Matter, but still in the form, it emerges as life, as animal, as man and it can go on evolving itself still farther out of its involution and become something more than mere man. If you can grasp that, then it ought not to be difficult to see further that it can subjectively formulate itself as a physical, a vital, a mental, a psychic consciousness-all these are present in man, but as they are all mixed up together in the external consciousness with their real status behind in the inner being, one can only become fully aware of them by releasing the original limiting stress of the consciousness which makes us live in our external being and become awake and centred within in the inner being. As the consciousness in us, by its external concentration or stress, has to put all these things behind—behind a wall or veil, it has to break down the wall or veil and get back in its stress into these inner parts of existence-that is what we call living within; then our external being seems to us something small and superficial, we are or can become aware of the large and rich and inexhaustible kingdom within. So also consciousness in us has drawn a lid or covering or whatever one likes to call it between the lower planes of mind, life, body supported by the psychic and the higher planes which contain the spiritual kingdoms where the self is always free and limitless, and it can break or open the lid or covering and ascend there and become the Self free and wide and luminous or else bring down the influence, reflection, finally even the presence and power of the higher consciousness into the lower nature.

Now that is what consciousness is—it is not composed of parts, it is fundamental to being and itself formulates any parts it chooses to manifest-developing them from above downward by a progressive coming down from spiritual levels towards involution in Matter or formulating them in an upward working in the front by what we call evolution. If it chooses to work in you through the sense of ego, you think that it is the clear-cut individual "I" that does everything—if it begins to release itself from that limited working, you begin to expand your sense of "I" till it bursts into infinity and no longer exists or you shed it and flower into spiritual wideness. Of course, this is not what is spoken of in modern materialistic thought as consciousness, because that thought is governed by science and sees consciousness only as a phenomenon that emerges out of inconscient Matter and consists of certain reactions of the system to outward things. But that is a phenomenon of consciousness, it is not consciousness itself, it is even only a very small part of the possible phenomenon of consciousness and can give no clue to Consciousness the Reality which is of the very essence of existence.

That is all at present. You will have to fix yourself in that for it is fundamental—before it can be useful to go any further."

> Letters on Yoga . Planes and Parts of the Being https://sri-aurobindo.co.in/workings/ sa/22/0005_e.htm Zech, 2023.06.25

FOREST GROUP MEETING UPDATES 02 June 2023

Management of Revelation Forest

The forest group welcomed the return of Patrick to Revelation and expressed faith in his stewardship and management of Revelation Forest Park and Educative Project.

Outer Ring Road clearing by Land Board—Forest group categorically opposed the clearing of dense sections of the forest in Discipline, Miracle, 9 Palms, Revelation and eventually Espace by the Land Board without due process and reiterated the illegal nature of such actions. As per the NGT verdict and court orders, any clearing of vegetation, or tree cutting is prohibited without a detailed development plan for the whole of Auroville and environmental clearance after due Environmental Impact Assessment and Social Impact Assessment.

Land Encroachment Attempt and Harassment of the Steward of Azhagu Bhoomi Forest in the Northern Green Belt area

Balu, the steward of Azhagu Bhoomi outlined the constant attempts by a few people to harass him with physical threats and claiming ownership based on forged papers or irrelevant documents. The Forest Group exhorts all relevant bodies mandated for the protection of Auroville Lands and estates to respond proactively during such threats.

Accounting Procedures

The forest group also affirmed its commitment to efficient accounting and the highest transparency. Active steps are also taken to migrate to a tally-based accounting from the current Excel sheet-based accounting.

In the meeting

Edzard Loesing—Discipline, Dave—Silence, Amudha—Azhagubhoomi, Velmurugan—Azhagubhoomi, Balu—Azhagubhoomi, Segar—Aranya, Hans—Abri Forest, Stefan—Evergreen, Amos—Evergreen, Ananda—9 Palms Yan—Fertile Field, Alyona—Darkali, Vengatesh—Abri Forest, Shanti—9 Palms, Jessamijn—Udumbu, Julia—Fertile, Wazo—Mango Field, Lakshmi—Fertile, Patrick—Revelation, Ana—Existence, Jaap—Ravena, Island—Espace, Archana—Siddhartha Forest, Ivana—Vikas, Rita—Centre Field, Mani— Samridhi, Philippe—Anusuya, Natasha—Evergreen, Ancolie—Evergreen, Ipshita—Revelation, Arun—Revelation, Lea—Revelation, Mélusine—Revelation, Abinaya— Revelation, Pragna—Revelation, Rahul Vijay—Revelation, Julien—Révelation

Submitted by Arun

RESPONSE FROM SATPREM TO REPORT ON SATPREM by the Working Committee

Note: Satprem's responses are in Italics

Has fabricated official reports using 'gossip' material.

From what I have recorded since last year, I have spent 91 hours and 40 minutes on site to measure, conduct tests and document things. For writing 22 reports I have spent 665 hours.

Since the construction work on the Crown development began, he has consistently criticized the ATDC and the Auroville Foundation.

I did not criticize the ATDC or the Auroville Foundation. I reported the extremely substandard work, which does not comply with any Indian standard. Every time I pointed out the mistake and recommended to the Secretary and the Chairman to ask for a technical audit and a financial audit.

He has circulated incorrect interpretations and interfered with the work, even disturbing the CPWD workers on-site and removing paver blocks without permission.

¹ **Editors Note:** There is nothing in this world that is not driven by the divine. Divine is behind everything, enjoying the lila of duality...

I did not circulate any incorrect interpretation on the Crown Road. Icirculated correct and accurate data which can all be proven; would anybody take the pain and time to do what I have done ... in 756 hours and 40 minutes.

Disturbing the workers:

I never disturbed no one. Once, I even had to warn a worked who could have his hand crushed while they were laying a slab. However, the contractor tried to hit me and steal my cell phone while I was documenting. See below the extract from my report of 2nd April 2023:

"Workers on site do not cause any problem to the author while he documents the work. Only the contractor shown in the figures below is sometimes very aggressive. Once, he tried to grab the author's cell phone who was documenting the work and he tried to hit him as seen in Figure 23. A member of JR's ATDC was filming the event, instead of trying to calm down the aggressor (Figure 22). Another day, the contractor threatened the author again, who preferred to withdraw and went further down the road to document the work. A few minutes later, a truck of the contractor tried to run over the author at full speed, who had to jump sideways, to not be hit by the truck."

Removing paver blocks without permission: I had an official request from the RA TDC to do quality testing..

Certitude-Solar Kitchen road

I know that I missed this road and I have never been happy with what I did. However, they forgot to say that I was forced into a difficult position, because I had to wait for 6 months to get approval from the ATDC at that time to build it. I gave them clear specifications, requirements and timeline. However, they gave the order to the Road Service 6 months later and they obliged me to improvise a new mixing process on the spot, without prior research, that I always do. Thus, I was obliged to build 788 m of road in 22 days for a cost of ~24.5 Lakhs Rs. only. This road failed because I could not use the technique that I had developed for 8 years. I was compelled by the ATDC (Sindhuja was part of the ATDC also at that time) to improvise on the spot on a daily basis with something totally new, and build it in 3 weeks. Another reason for the failure: As they had a limited budget, I could not stabilize the road as I wished. Also, a private development along the road refused to cooperate with the temporary closure of the road for curing so customers for his business were driving on the road before it had finished setting for the necessary time. (See attachment for a summary.)

Practicing and teaching architecture in India without the necessary license from the Council of Architecture.

In 2015, I applied to the Council of Architecture (CoA). The answer that I received was, "The qualifications possessed by you i.e. "Master of Architecture" awarded by the School of Architecture or Lyon, France and the "Post Graduate Master degree in Earth Architecture" awarded by the School of Architecture of Grenoble, France, are not recognised qualifications under the Architects Act 1972 for the purpose of registration as an architect." In 2021, Vikram Ram denounced me to the CoA, they sent me a complaint of 19. 08. 21, which was against the "Auroville Earth Institute for carrying on the profession of an architect in India". It was not in my name, but addressed to me as the Director.

They asked me to remove from my profile and other places the name architect. This I did and informed them. In response, they said that: "As you have assured that you have removed the word "Architect" from all your profiles and other places, the council will not initiate any further action in the matter."

Nevertheless, Radhika, working in the Earth Institute, is a registered architect and she can sign the projects.

It is important to note that they did not forbid me to practice architecture or to teach it. They told me that I could not register me and that I should not use the name architect because of that.

A project he undertook in Auroville, inviting newcomer Aurovilians to construct their housing project by themselves using the earthen brick techniques fell apart as most of the persons left the project complaining about his abusive and unprofessional conduct. The increased project cost for paid labor to complete the project cost the community tens of lakhs of Rupees.

I guess that they are speaking about Realization. NOBODY left the projectand nothing fell apart. Regarding the cost, the Housing Service paid a few extra costs. However, we lost ~19.5 Lakhs Rs. because of all the contributions that I gave for this project (not charging fees, not charging my maintenance or all the tools supplied for 4 years, etc.). The project became much more expensive because it was initially supposed to be a participatory project... But once the block production at our place was over, NO ONE helped the project. Thus, my cost estimate based on 50% volunteers and 50% paid workers was wrong since for 4 years we had only paid workers.

Note: This is likely a direct attack from Joseba, who asked at that time the FAMC to put an inquiry against me about my qualification as an architect, telling that I was not able to build with earth.

He also obtained an internal email discussion between the ATDC and FAMC regarding the correct process for disposing of wood and storage.

This internal information was disclosed by someone from the ATDC... and this communication was about a corrupted deal by Prasad to which Torkil objected.

Y20 youth delegation's morning Crown Walk on April 5th when Satprem once again attempted to disrupt and mislead the youth by making false statements.

I did not make any false statements. I spoke for 1 or 2 minutes about thisroad and mentioned that these trees will have to be removed because the road was not finished and infrastructure will have to be laid beside the trees. I mentioned in my speech that all this was just propaganda from the ATDC. Note: I was proven correct about the trees needing to be moved since this was done a few days later.

The Working Committee has received several written complaints about his disruptive behavior and harassment including instances of public shaming, sending abusive emails, and making derogatory comments toward specific individuals working in the Working Groups and the ones working for the City of Auroville.

I guess that they are referring to all my letters and reports. While I Acknowledge that I spoke strongly, which may have offended some individuals, all information and statements that I made are verifiable.

As well as publicly disclosing internal matters of Auronet, potentially causing harm to the community.

They refer to Lakshay, I assume. His posts were public and not only Aurovilians read Auronet.

Claims have been made regarding Satprem's involvement in physical violence towards nearby villagers, particularly women. The police complaint registered by the locals against Satprem in 2011 can ascertain the veracity of this allegation.

I have no idea from where is coming this complaint of 2011. I imagine that they refer to the event of the 27 June 2014 when 50 women attacked me around 7pm on the site of Mangalam. I was the victim.

Claims have been made about Satprem using inappropriate and offensive language towards individuals, including sexist and derogatory remarks which are on record.

Iguess that they are referring to Sindhuja complaint to the GB. See my response to her attack in the attached file.

Satprem has also engaged himself in unethical practices, such as lobbying with Indian political parties to secure personal favourable decisions. He has also used his connections to secure projects all over India.

This is false. I have never engaged in unethical practices to secure work in India or anywhere else.

Nothing has been contributed towards the annual 33% contributions from the profits as is required by all unit executives. I have a waiver since very long for that. This was given because whatever profit we make is put back into Auroville: to give free service, conduct research on materials, technologies and equipment, and buy testing equipment, which are very expensive. I reminded the GB FAMC and BCC about it ~2 months ago. I also sent them the email sent in June 2013 by Ursula, confirming it. Attached also.

Satprem, 23 July 2023



WORKSHOPS by Sehdev Kumar

- Freedom from Fear Saturday, 8 July, 2—4:30 pm
- Yoga of Forgiveness Saturday, 15 July, 2—4:30pm.
- Peace Within: Peace Without Saturday, 22 July, 2—4:30pm

Freedom from Fear



• Saturday, 8 July, 2—4:30pm @ Vérité

Fear has an apocalyptic power; it can sap all energy, and make everything inert and lifeless.

- Fear of Losing Face
- Fear of Loneliness
- Fear of Love & Intimacy
- Fear of Failure

How can one live with full intensity and with all ebbs without knowing what fears the mighty river of one's life?

• Register: +91 7867805812

Dr. Sehdev Kumar, Professor Emeritus, Canada

Author, Poet, Mediator, Author of Lotus in the Stone: Explorations in Dreams & Consciousness,Kabir: Ocean in a Drop, 7000 Million Degrees of Freedom

HALF-DAY VIPASSANA COURSE

Every Sunday, 8:30am—12:30pm @ Udavi School

All old students of Vipassana meditation as taught by S.N. Goenka (<u>www.</u> <u>dhamma.org</u>) having attended at least one 10-day course are welcome to attend a half-day Vipassana course at Udavi School in Auroville.



- **Date**: Every Sunday
- Timings: 8:30am—12:30pm but you can also drop in and join as long as you wish.

No registration is required.

- Venue: Udavi School (building on the left when you are at the front entrance), near Tank in Edayanchavadi (Auroville).
- Contact: Sanjay Tumati, +91 8790982210WA, sanjay@auraauro.com

,Thanks, Laure +91 8807434864 mob., +33 695651135 WA PITANGA



(0413) 2622403 / WA 9443902403 info@pitanga.in



The repairs and renovations at Pitanga are not yet complete and we therefore have to remain closed for a little while longer.

> We hope to start the activities on Monday 17th July.

We will publish the programme soon. Meanwhile, please keep resting :-)

With love, from your Pitanga Team.

Submitted by Andrea, for Pitanga

HATHA/ VINYASA FLOW YOGA TTC INTENSIVE COURSE extends for 300 Hours

6 July to 1 August, 6:30—9:30am & 3—7pm, every day except Sunday

Expand your personal yoga journey and deepen your self practice through practical tools and skills in this 28 day immersion in Yoga with certification from Yoga Alliance.



Key Elements

- Advanced Asana Practice: Challenge and expand your physical abilities with a variety of intermediate and advanced asanas
- **Pranayama and Meditation**: Deepen your breathwork and meditation practice
- Anatomy and Physiology: Explore the human body in greater detail, delving into the musculoskeletal and respiratory systems, as well as the subtle energy systems related to yoga practice.
- Philosophy & Yoga Sutras: Dive deeper into the philosophical aspects of yoga, studying classical texts like the Yoga Sutras of Patanjali, Saiva Siddhantham and more to expand your understanding of yogic wisdom.
- Teaching Methodology & Special classes: Refine your teaching skills with a focus on sequencing, adjustment techniques, and effective class management.
- **Practicum and Feedback**: Gain valuable teaching experience and constructive feedback

Don't miss this opportunity to elevate your yoga practice and become a confident, knowledgeable yoga practitioner. Limited spots available.

ANGAM TREE: THERAPIES



Our work in therapy and healing is focused on educating people to the importance of healthy living and conscious lifestyle. To together achieve a better and sustainable future in wellness for each individual and their communities.

Sound Healing Therapy

Using various musical instruments, Sound healing, Bodywork, Meditation, Visualization and Breathing one will be-come aware of their complete sensory perception. When we hear the subtle cautions of our life and where the body is a



pathway of that inner voice, we all have the potential to heal ourselves.

Contribution based

Massage Therapy

Traditional body work using acupressure and deep tissue varma points healing methodologies. Naturally prepared herbal and coconut oil along with natural essential oil aroma for meditative breathing wellness. Use of sound to awaken and create a



sense of peace and calm to bring about a holistic healthiness and oneness with self.

Contribution based

Dance Movement Therapy

Uses movement to help individuals achieve emotional, cognitive, physical, and social integration. Beneficial for both physical and mental health, dance therapy can be used for stress reduction, symptoms prevention, and mood management. In general, dance therapy promotes self-awareness,



self-esteem, and a safe space for the expression of feelings.

Contribution based

You can learn more about us and register

www.angamtree.com/therapies

Warm regards, Angam Tree, Raja Narayanasamy Celebration Community, +91 97513 95939 angamtree@auroville.org.in

ACTIVITIES BY LAKSHMI

Sound Chakras Healing

Guided vibrational sound journey using (Tibetan Bowls and Tuning Forks therapy) to help to Reduce Stress, Anxiety, Depression, Insomnia, stimulating the natural cellular healing process, Rebalancing the emotions & Reconnecting with your true essence.



Benefits: Peace, Calm and Quietude, Mental clarity, Revitalizing, released, Improve sleep, Emotional and mental balance, Inner silence, Deep relaxation, Grounding,

Individual session, Couple session, Small group (max 4 people)

Private Transformational Yoga Classes

- Transformational Yoga
- Pranayama to release Fear, Anger and Anxiety
- Pranayama to achieve Peace, Calm, Quietude and Clarity
- **Breathwork**

Transformational yoga is inspired by Mother and Sri Aurobindo's Integral Yoga. is an innovative and highly effective yogic system, which synthesizes techniques of Hatha, Raja, Mantra, and Kundalini Yoga to bring about rapid transformation within the mind, body and spirit. Powerful, yet gentle, everyone can reap the benefits of this purifying yoga practice. Please contact for an Appointment:



gmail.com

- 8489764602 Lakshmi or
- lakshmiprem369@



Activity offered under Abhaya, an activity of ASSA, under Artisana Trust Lakshmi

ANGAM TREE Traditional Massage Therapy Classes

ANGAM TREE WELLNESS HUT

Our 30 hours course covers Traditional Bodywork based on principles of ancient Indian medicine science of Siddha Varma Kalai originating in Tamilnadu, Southern India. It is one of the oldest systems of medicine in India.

The certificate course has three levels:

- 1. Basic: 10 Hours
- 2. Intermediate: 20 Hours
- 3. Advanced: 30 Hours

Course modules:

- 1. Varma Massage Therapy
- 2. Varma Touch Therapy
- 3. Varma Myology (Muscles)
- 4. Varma Defense Methods

Angam Tree Wellness Hut is reaching out to people interested in learning massage therapy techniques. You can learn more about us at www.angamtree.com

Kindly share your profile with us at the below mentioned email address.

We will call you for an interview to assess the correct fit between you and the positive intention towards the energy of therapy.

- angamtree@auroville.org.in
- Contribution based

Warm regards, Angam Tree, Raja +91 97513 95939

RELAXING OIL MASSAGE



Relaxing oil massage to reconnect body and soul.

• Full body, 90 minutes.

On donation for aurovilians, newcomers and volunteers.

Best regards, Umberto, 7598331379

○ ⁶√ 981 - 29 June 2023

SATYAYUGA



Location: near Auroville Bakery Can move on demand 🚇 Satyayuga - in collaboration with Auroville Art Service WA: +91 76397 61930 - ilmalor@yahoo.fr FB: Satyayuga Energy Vibration

Energy Vibration

- **Reiki with Kototamas**: give energy for the wellbeing and struggle against stress
- **QiGong**: work on the rejuvenation of the body & automassage and Yoga facial. 7 people max
- Personal trainer: using Karla Kattai, conscious muscular exercices and stretching of articulations 1 to 3 people
- Reflexology: Manual and natural method centered on the selfregulation of human body by pressing reflex zones & Vibrational massage with bowls
- Nada Yoga Ananda: Con-• nect to your inner self through Vibrating Chants, @ 4pm for about 2hours.
 - **Ecstatic Wednesday** 0
 - Shamanic Friday 0
 - Sacred Sunday 0
- Gongs, Tibetan Bowls & Didgeridoo meditation for Full Moon and New Moon. Working with the energetic forces of the Moon, we will create an energetic field to power your intention. @ 7pm for around one hour
- Tibetan bowls. Gongs. Five Elements Sound Massage. Connect to your inner self through Sound Massage and Vibrating Chants & find peace in a Sound Cocoon



Shamanic journey. A four hour Workshop to connect yourself to the Source. Experience a powerful Sound Journey in your inner self thanks to energetic exercices and transformative sounds. Every Friday, near Auroville Bakery, 10am—12noon & 3—5pm. 7 people max, possibility to split



Warmly, Satyayuga (Jean-Luc Malor)





ARKA WELLNESS CENTER & MULTIPURPOSE HALL Regular activities, July 2023

Classes

Classes	With Whom	When
Acro Yoga	Damien 9047722740	Monday: 3 —4:30pm Tuesday: 5 —6:30pm
Pilates	Teresa 7867998952	Tuesday & Thursday, 7:30—8:30am. Friday 5:30—6:30pm, Only by Appointment.
lyangar yoga	Olesya, 9159052743	Monday, Wednesday, Saturday, 6:30—8am. Monday, Thursday, Saturday, 5—6:30pm.
Sound Chakras healing	Lakshmi, 8489764602	Only by Appointment

Treatments

Treatment	With Whom	When
Body Logic, Soft Massage And Deep Tissue Massage.	Pepe, 9943410987, by appointment	Monday to Saturday
Cranio sacral, Lomi Lomi Kahuna massage, Barefoot body massage	Silvana, 9047654157, by appointment	Monday to Saturday
Facial, Manicure, Pedicure, Threading, Waxing, Haircuts, Haircolouring, Hennacolouring	Meha, 9443635114, by appointment,	Monday to Saturday
In Nutrition, Diet, Weight Loss and Weight Manage- ment, Psychosomatic.	Nadia: 9489035457 Only Appointment	Monday & Wednesday afternoon
Tarot,Oracles and Akashic Records Reading	Valentina (TOS) : 9791719387, +39346225804, WA	Monday to Friday (Morning)
Psychospiritual Introspective Tarot Reading, Deconditioning Self Inquiry. Also in French	Antarjyoti: 0413 2623767, antarcalli@yahoo.fr	Monday to Sunday

Thanks & Regards, Ramana, Arka, 0413 2623799

VÉRITÉ WORKSHOPS Pre-registration required

0413 2622045, 2622606, 9363624083 WA, programming@verite.in www.verite.in

Vérité

Speaking from the Heart Based on Non-violent **Communication, with Vega**

- Friday, 7 July, 9:30am—4:30pm
- & Saturday, 8 July, 9:30am—1pm

Learn the basics and principles of nonviolent communication, a practice that helps to restore connection to and communication from the heart, which is within our nature.



Freedom from Fearwith Dr. Sehdev

• Saturday, 8 July, 2pm—4:30pm

Fear has an apocalyptic power; it can sap all energy and make everything inert and lifeless.

- Fear of Losing Face
- Fear of Loneliness
- Fear of Love & Intimacy
- Fear of Failure

How can one live with full intensity and with all ebbs and tides, without knowing what fears freeze the mighty river of one's life? Drawing from Buddhist Philosophy, existential psychotherapy and Integral Yoga, we will explore both the theoretical underpinnings of the phenomenon of fear and the practical ways of addressing it on a day-to-day basis.

> Savitri, Program Administrator



VÉRITÉ REGULAR EVENTS, July 2023 Pre-registration required 0413 2622045, 2622606,

9363624083 WA, programming@verite.in

<u>www.verite.in</u>

<u>Classes</u>

Yin Yoga—Healthy Hips with Emma

• Monday 3:30-4:30pm, no class on 24 July

Quiet and relaxing practice complementary to the yang practice. Yin yoga focuses on passive seated postures to mobilise and strengthen joints, ligaments and deep facia network while providing a restful context for meditation.

 Contact 0413 2622045, +91 9363624083 WA, programming@verite.in.

Deep Sound Bath with Satyayuga

• Monday 5—6pm

Deep Sound Bath is based on the ancient art of using vibration to awaken the inner being & align the body, heart & soul to the frequency of the universe. Sound Bath uses the unique frequencies of various instruments to promote healing on a cellular level. Some of the instruments used are Tibetan bowls, xylophone and drum along with mystic chanting.

Contact 0413 2622045, programming@verite.in.

Hatha Vinyasa Yoga with Andres

• Monday, Wednesday & Friday 5—6pm

Participants are guided towards a tension-free state of wellbeing, through postures (asanas), breathing techniques (pranayama), activation of the energetic centers (chakras), and relaxation techniques (yoga nidra, savasana). As a result, balance is restored in the physical, mental, and emotional being. With consistent practice, contentment (santosha), equanimity (śamatha), health, connection and well-being are established in daily life!

Contact 0413 2622045, +91 9363624083 WA, programming@verite.in.

Gentle Vinyasa Yoga with Emma

• Tuesday 10:30—11:30am

This Gentle Vinyasa practice explores the Range of motion of the body while working on mobility and flexibility. The class focuses on breath and mindful movements with a moderate intensity.

 Contact 0413 2622045, +91 9363624083 WA, programming@verite.in.

Face & Eye Yoga with Mamta

• Tuesday 3:30—4:30pm

The physical & mental state of our inner world determines how we experience our outer world. Sense organs are the tools for each experience we have. Face Yoga involves simple self massage techniques & exercises to release tension in the facial area, stimulate blood circulation & improve efficiency of our sense organs. In an era of increased screen time, our eye health may be compromised, unless we actively exercise this area. Eye Yoga uses techniques such as palming, blinking, near & far viewing & candle gazing. You will also learn tips to prevent eye damage caused by screen time.

 Contact 0413 2622045, +91 9363624083 WA, programming@verite.in.

Vinyasa Yoga with Rebeca

• Tuesday & Thursday 5—6pm

Teaching a non-dogmatic style of yoga fusing ancient wisdom with contemporary understanding of the body, challenging it in different ways, focusing on the development of coordination, balance, strength and flexibility. Under the view of a physiotherapist teacher, there is a main focus on individual alignment with anatomical explanations for the safe performance, considering this practice as therapeutic exercise. Absolute beginners may find these classes a bit challenging.

 Contact 0413 2622045, +91 9363624083 WA, programming@verite.in.

Yin Yoga—Healthy Spine with Emma

• Wednesday 3:30-4:30pm, no class on 26 July

Quiet and relaxing practice complementary to the yang practice. Yin yoga focuses on passive seated postures to mobilise and strengthen joints, ligaments and deep facia network while providing a restful context for meditation.

 Contact 0413 2622045, +91 9363624083 WA, programming@verite.in.

Peace with Pranayama with Mamta

• Thursday 5—6pm

Prana is the vital force or subtle bio energy which keeps us alive & functioning in the healthiest way possible. Yogic practices like Pranayama help nourish this Prana which in turn nourishes our mind & body. Pranayama is a modulation or regulation of Prana, done via controlled breathing exercises. We will the meaning of Prana & Pranayama, it's references in Yogic texts, prerequisites for Pranayama, postures, mudras & explore the interconnectedness of mind, body & breath. The session concludes with a brief relaxation in Shavasana.

 Contact 0413 2622045, +91 9363624083 WA, programming@verite.in.

Mindful Flow—Expression in Movement & Stillness with Savitri

Saturday 5—6pm

A guided session in which we first ground ourselves and bring awareness to our bodies with the help of sound and music. Then we explore slow, small, movements of the body, from head to feet, bringing attention to sensation. Next, we expand outward, with intention, moving both freely and mindfully with awareness of our sensations and surroundings, as well as of others. Finally, we bring our focus inward, shifting into stillness to heighten awareness of subtle sensations and the natural flow of our body and breath. We close with a circle for sharing and appreciation.

 Contact 0413 2622045, +91 9363624083 WA, programming@verite.in.

Treatments and Therapies

Biodynamic Craniosacral Therapy with Mila

This therapy uses gentle touch to the head to help release tension in the skull, spine and sacrum, freeing energy that can help re-establish integral balance, and stimulating the healing capacity of the body.

 By appointment: +91 413 2622606, +91 9363624083 WA, <u>treatments@verite.in</u>

Private Yoga Sessions / Yoga Therapy with Nadia

Yoga therapy is the specific application of sequences of posture, breathwork and meditation with the support of props, to address an individual's physical, mental, and emotional needs within a holistic and highly personalised framework. Yoga Therapy is for those who require specific guidance and modification or may not be able to follow a regular class due to special needs, pace, or recuperation requirements, typically these include back care, joint issues, energetic/hormonal imbalances, lack of mobility due to injury, injury to the nervous system, PTSD, anxiety, circulatory problems and much more.

 By appointment: +91 413 2622606, +91 9363624083 WA, <u>treatments@verite.in</u>

Integrated Ayurvedic Acupressure, Deep Tissue & Heart Healing Massage with Raja

Acupressure is the application of pressure on specific points on the body to address symptoms such as pain or digestive issues. Deep Tissue involves applying sustained pressure using slow, deep strokes to target the inner layers of your muscles and connective tissues. Heart Healing Massage helps increase relaxation, which helps reduce blood pressure and heart rate improvements in the delivery of oxygen to the heart and rest of body.

 By appointment: +91 413 2622606, +91 9363624083 WA, <u>treatments@verite.in</u>

Ayurvedic Abhyanga Massage with Umberto

Abhyanga massage is an ancient Indian Ayurvedic oil technique for healing and detoxifying the body, mind and spirit. The Abhyanga works in a synchronized manner to restore the flow of life energy in the body. This Ayurvedic detox and stress reduction therapy is performed with coconut or sesame oils, which help to nourish your nervous system, relax the muscles, and maintain the flexibility of your joints. The session ends with a face massage and rest.

• By appointment: +91 413 2622606, +91 9363624083 WA, <u>treatments@verite.in</u>

Lomi Lomi Hawaiian Massage with Umberto

Lomi Lomi is a Hawaiian massage and includes long, fluid, rhythmic strokes over the whole body using the hands as an instrument of the heart. Energetic, emotional and muscular blockages are released allowing circulation, oxygen, life and spirit to flow through body and mind. While the whole body is accepted unconditionally, the muscles and connective tissue are stretched, stiff joints are loosened, circulation improves, skin glows, and internal organs are gently manipulated into their correct relationships. The therapist works with deep breathing and a heart-centered focus, giving balance, energy flow, and a heart-opening peace to the client.

• By appointment: +91 413 2622606, +91 9363624083 WA, treatments@verite.in

Individual Self-work with Clay with Megha

Clay has innate qualities that help us connect with ourselves creating a more real, tangible and physical experience of our subtler state and inner environment. While our breath becomes an intricate part as we connect with the "earth" it brings awareness, presence and balance within. Through feeling and sensing clay we will immerse into an inner journey using certain hand building techniques and the wheel.

• By appointment: +91 413 2622606, +91 9363624083 WA, treatments@verite.in

Savitri, Programs Coordinator, Vérité Programming



VÉRITÉ PROGRAMS June 2023 +91 0413 2622045, 2622606, +91 9363624083, 8489391876 programming@verite.in www.verite.in

Yoga & Re-creation Programs

5	•		
Days	Drop-in Sessions	Timings	Presen- ters
Mondays	Yin Yoga–Healthy Hips (no class 24 Jul)	3:30–4:30pm	Emma
	Deep Sound Bath	5–6pm	Satyayuga
	Hatha Vinyasa Yoga	5–6pm	Andres
Tuesdays	Gentle Vinyasa Flow	10:30– 11:30am	Emma
	Face & Eye Yoga	3:30–4:30pm	Mamta
	Vinyasa Yoga	5–6pm	Rebeca
Wednes- days	Yin Yoga—Healthy Spine (no class 26 July)	3:30–4:30pm	Emma
	Hatha Vinyasa Yoga	5–6pm	Andres
Thurs-	Peace with Pranayama	5–6pm	Mamta
days	Vinyasa Yoga	5–6pm	Rebeca
Fridays	Hatha Vinyasa Yoga	5–6pm	Andres
Saturdays	Mindful Flow—Expression in Movement & Stillness	5–6pm	Savitri

Intensives, pre-registration required

Dates	Intensives	Timings	Presen- ters
Friday & Saturday, 7 & 8 July	Speaking from the Heart—Based on Non-Violent Communication	Friday: 9:30am–4:30pm Saturday: 9:30am–1pm	Vega
Saturday, 8 July	Freedom From Fear	2–4:30pm	Dr. Sehdev
Saturday, 15 July	Restorative Yin and Yoga Nidra	9:30am–12pm	Emma
Saturday, 15 July	Yoga of Forgiveness	2–4:30pm	Dr.Sehdev
Saturday, 22 July	Energy Cleanse through Yoga Kriyas	9:30am–12pm	Mamta
Saturday, 22 July	Yearnings for Peace— Peace Within, Peace Without.	2–4:30pm	Dr. Sehdev

Therapies, by appointment only

Therapies	Therapist
Individual Self-Work with Clay	Megha
Biodynamic Cranio-sacral Therapy	Mila
Private Yoga Session / Yoga Therapy	Nadia
Integrated Ayurvedic Acupressure, Deep Tissue & Heart Healing Massage	Raja
Lomi Lomi Massage	Umberto
Ayurvedic Abhyanga Massage	Umberto

Savitri, Programs Coordinator, Vérité Programming



THE FRENCH PAVILION PRESENTS Lost Illusions

Saturday, 1 July, 4pm @ Town Hall—Cinema Paradiso

 Directed by Xavier Giannoli, in French w/ English Subtitles, duration: 2h20min

Based on the voluminous threevolume Lost Illusions section of Balzac's masterpiece, The Human Comedy, Xavier Giannoli's lavish and exhilarating adaptation is brimming with energy, humor, heartbreak, fake news and a thoroughly delightful cast. Lucien, a naïve young poet from the provinces, talls in love with his patroness and follows her to Paris, only to be plunged into the venomous world of aristocratic societal codes and a cesspool of corrupt journalistic standards.



Here, it seems, everything can be bought and sold—art, politics, reputations, ethics, ideals... and especially literary reviews! Leaping from the frying pan into the fire, our ambitious young hero leads us into a delicious whirlwind of treachery and rivalry, defeat and redemption. Set in 1821 and far from a stuffy period picture, Lost Illusions is a wildly entertaining ride with many parallels to our own modern times.

Please note: the **movie will start at 4pm** (instead of our regular timing of 5pm)

Thank you very much, Vivekan

ECO FILM CLUB

Every Friday at Sadhana Forest

Schedule of Events:

- 16:00 Free bus from Solar Kitchen to Sadhana Forest for the Tour
- 16:30 Tour of Sadhana Forest
- 18:00 Free bus from Solar Kitchen to Sadhana Forest for the Eco Film Club
- 18:30 Eco Film Club begins with 'previews' of short Sadhana Forest films
- 20:00 Dinner is served

21:15 Free bus from Sadhana Forest back to Solar Kitchen

Before the movie, at exactly 16:30 you are welcome to join us for a full tour of Sadhana Forest and an update of our most recent work! After the film, you are welcome to join us for a free 100% vegan organic dinner! The bus service is operated by Sadhana Forest. For more information about the bus service please contact Sadhana Forest at 8525038274.

****Note:** Families and children are welcome! Dinner for children will be served at 19:00:)

Friday, 7 July

Recycling e-waste | The History of Meat

2022 / 50 minutes / DW

You will be amazed by the avenues of recycling available! This documentary covers a whole range of ways forward through the plastic pollution predicament posed to the public. The film serves as a reminder that there is so much we can do, if we're open to new ways of interacting with plastic! In the second film, we're taken through a journey of our relationship with the animals who share our planet and where this journey will take us. **Submitted by Shek**

Ambulance (24/7): Auroville—9442224680 • PIMS—0413 2656271

Security (24/7):

- Auroville Safety & Security Team—9443090107
- Auroville Police Station—0413 2677318
- Kottakuppam Police Station—0413 2236148
- Vanur Fire Station—0413 2677368
- Health: Health Center-0413 2622123
- Santé—0413 2622803
- Farewell—8903836246

Mental health 24/7 support:

• Vandrevala Foundation +91 9999666555

India Emergency Response Service (24/7): 108

Accessible	Auroville	Public	Bus
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Auroville TO PONDICHERRY <u>avbus@auroville.org.in</u> , +91 94430 74825				
	Trip 1	Trip 2	Trip 3	
Svaram Musical Center	7:00	8:50	14:50	
Veite Guest house—Junction	7:02	8:52	14:52	
Town Hall—Main Parking	7:06	8:56	14:56	
Solar Kitchen (Round About)	7:10	9:00	15:00	
Certitude Enterance	7:12	9:02	15:02	
New Creation Road	7:17	9:07	15:07	
SBI Bank—Kuilapalayam	7:19	9:09	15:09	
ECR Junction—Aroma Guest House	7:23	9:14	15:14	
Quiet Healing Center—Junction	7:26	9:17	15:17	
Lotus Hotel—S.V Patel Salai	7:36	9:30	15:30	
Ashram Road Junction	7:38	9:33	15:33	
Ashram Dinning Hall	7:40	9:35	15:35	



Pondicherry TO AUROVILLE

	Trip 1	Trip 2	Trip 3
Ashram Dinning Hall	8:00	12:15	18:10
Ashram Road Junction	8:02	12:17	18:12
Lotus Hotel—S.V Patel Salai	8:07	12:22	18:17
Quiet Healing Center—Junction	8:17	12:32	18:27
ECR Junction—Aroma Guest House	8:20	12:35	18:30
SBI Bank—Kuilapalayam	8:25	12:40	18:35
New Creation Road	8:27	12:42	18:37
Certitude	8:32	12:47	18:42
Solar Kitchen—Round about	8:34	12:50	18:44
Town hall Main Parking	8:38	12:54	18:48
Verite Guest House—Junction	8:42	12:58	18:52
Svaram Musical Center	8:45	13:00	18:55

- Monthly Rs.800: Aurovilians & Newcomers, No validity
- Student Pass Rs.1200 per month/ 24 days round trip.
- Rs.150 Round trip for Aurovilians & New comers
- Rs.200 Round trip for guests.
- Bus passes are available at Auroville Vehicle Service, Town Hall, Auroville, 0413 2623302



CINEMA PARADISO Multimedia Center (MMC) Auditorium Film Program 3 July 2023 to 9 July 2023

Cinema Paradiso-Multimedia Center is now in operation at 100% seating capacity. Technically Covid protocols were never taken off of cinema/theater halls. Since a mask is not a requirement anywhere else, we leave it to people's discretion. However, please come prepared. To organize the seminar/program please contact us via email. We continue to have issues with our projector. It is time for us to look for a new one. If you are able to kindly donate at MMC's FS Account for this.

Indian and diaspora—Monday 3 July, 8pm POLITE SOCIETY

UK, 2023, Writer-Dir. Nida Manzoor w/ Priya Kansara, Ritu Arya, Renu Brindle, and others, Action-Comedy, 104mins, English-Urdu w/ English subtitles, Rated: PG-13

A merry mash up of sisterly affection, parental disappointment, and bold action! The story follows martial artist-intraining Ria Khan who believes she must save her older sister Lena from her impending marriage. After enlisting the help of her friends, Ria attempts to pull off the most ambitious of all wedding heists in the name of independence and sisterhood.

Potpourri—Tuesday 4 July, 8pm MARCEL THE SHELL WITH SHOES ON

USA, 2021, Dir. Dean Fleischer Camp w/voices Jenny Slate, Dean Fleischer Camp, Isabella Rossellini and others, Animation-Comedy-Drama, English w/English subtitles, 90 mins, Rated: PG

Marcel is an adorable, 1-inch-tall shell who ekes out a colorful existence with his grandmother, Connie, and their pet lint, Alan. Once part of a sprawling community of shells, they now live alone as the sole survivors of a mysterious tragedy. However, when a documentary filmmaker discovers them, the short film he posts online brings Marcel millions of passionate fans, as well as unprecedented dangers and a new hope of finding his long-lost family. Rescheduled on popular demand.

Interesting—Wednesday 5 July, 8pm STILL: A MICHAEL J. FOX MOVIE

USA, 2023, Dir. Davis Guggenheim w/ Michael J. Fox, Tracy Pollan, Sam Fox, and others, Documentary-Biography, 95mins, English w/ English subtitles, Rated: R

A short kid from a Canadian army base becomes the international pop culture darling of the 1980s, with his iconic film 'Back to the Future'. The course of his life, however, was altered soon by a stunning diagnosis. The actor who is an incurable optimist is forced to confront an incurable disease. This film written by the actor himself—is a proof of his grit and courage.

Selection—Thursday 6 July, 8pm KÜLÖN FALKA (Wild roots)

Hungary-Slovakia, 2021, Dir. Hajni Kis w/ Gusztáv Dietz, Zorka Horváth, Kati Andai and others, Drama, 98 mins, Hungarian-English w/ English subtitles, Rated: NR (R)

A wild 12-year-old girl who has been with her grandparents decides against their advice to seek out her father, a bouncer with a temper who is just getting out of prison. An intense relationship between a rough man who is trying his best to act like a dad and his daughter.

International—Saturday, 8 July, 8pm THE UNBEARABLE WEIGHT OF MASSIVE TALENT

USA, 2022, Writer-Dir. Tom Gormican w/ Nicolas Cage, Pedro Pascal, Tiffany Haddish and others, Action-Comedy, 105mins, English-Spanish w/ English subtitles, Rated: R

In this story, Unfulfilled and facing financial ruin, the fictitious version of actor Nick Cage accepts a \$1 million to attend a wealthy fan's birthday party. Things take a wildly unexpected turn when a CIA operative recruits Cage for an unusual mission. Taking on the role of a lifetime, he soon finds himself channeling his most iconic characters to save himself and his loved ones.

Children's Matinee—Sunday, 9 July, 4:30pm FLUSHED AWAY

UK-USA, 2006, Dir. David Bowers, Sam Fell w/ voices Hugh Jackman, Kate Winslet, Ian McKellen and others, Animations-Adventure, 85 mins, English, Rated: PG

The story of an uptown rat that gets flushed down the toilet from his penthouse apartment, ending in the sewers of London, where he has to learn a whole new and different way of life.

Arthur Penn Film Festival @ Ciné-Club

Ciné-Club Sunday 9 July, 8pm THE CHASE

USA, 1966, Dir. Arthur Penn w/ Marlon Brando, Robert Redford, and others, Drama-Crime, 134 mins, English w/ English subtitles, Rated: PG.

The lives of the residents of a small Texas town are disrupted after a local man escapes from prison and returns home. Most of the action in this smoldering drama takes place over the course of a few hours on Saturday night, as hard drinking leads to mob mentality among the townspeople. It boasts a fabulous cast headed by Brando as the earnest sheriff.

Rating codes we often use are from Motion Picture Association of America (MPAA): G=General Audiences, PG=Parental guidance suggested, PG-13=Parents strongly cautioned, R=Restricted (equivalent to Indian rating: A i.e. for Adults), NR=Film Not rated, Rating awaited, or Rating not available.

For scheduling programs at MMC/CP venue: please email us at <u>mmcauditorium@auroville.org.in</u>. We appreciate your continued support. Pl donate to 'Cinema Paradiso' (account #105106) or set up for a monthly contribution. We need it now more than ever.

> Thanking You, Marco for MMC/CP Group Account #105106, mmcauditorium@auroville.org.in